



# BALLWIN

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## Winter Driving Tips

Driving on snowy or icy roads requires special attention to safety. Although it's impossible to have ideal road conditions 365 days a year, there are certain precautions you can take to make winter driving safer. Here are some tips and suggestions to help you get ready for the hazards of winter.

### Before the Trip

- Winterize your car with fresh antifreeze, a good battery, a properly operating exhaust system and oil that will withstand the rigors of cold weather.
- If possible, avoid driving until the roads are cleared and treated. You don't want to slide off the road, and we don't want to plow around disabled vehicles.

Do a thorough pretrip inspection of your vehicle, paying special attention to your tires, brakes, windshield wipers and windshield wiper fluid.

### Equip Your Vehicle With:

- A flashlight with extra batteries

- A first aid kit with a pocket knife
- Necessary medications
- Blankets and/or sleeping bags
- Extra mittens or gloves, socks, a warm cap and rain gear
- A small sack of sand to use for traction under your wheels
- A small shovel
- Booster cables
- Small tools — pliers, wrench, screwdriver
- A brightly colored cloth to use as a flag
- Nonperishable foods
- Bottled water
- Matches and candles

### During the Trip

- Obey speed limits; don't speed.
- Use common sense, and adjust your speed to suit driving conditions.
- Give snowplows plenty of room, and don't pass them.
- Always wear your seat belt.
- Remember that driving is most dangerous

- when temperatures are near 32 degrees.
- Watch for other vehicles having problems with road conditions.
- Keep mirrors, windows and lights clean; keep your lights on.
- Don't pass other vehicles on or near bridges.
- Keep your fuel tank at least half full.

If you don't feel comfortable driving, park at the first safe place.

### If You're Trapped in Your Car

- Stay in the vehicle. Don't leave to search for help. It's easy to become disoriented and lost in blowing and drifting snow.
- Display a trouble sign. Hang a brightly colored cloth on the antenna.
- Run the engine for about 10 minutes each hour. Run the heater and turn on the dome light only when the vehicle is running.
- Keep the exhaust pipe clear of snow, and open a window slightly for ventilation.
- Clap hands and move your arms and legs

- occasionally. Don't stay in one position for too long.
  - If more than one person is in the car, take turns sleeping.
  - Huddle together for warmth.
  - Use newspapers, maps and even car mats for added insulation.
- Reminders:
- Frost often happens on clear mornings and can be as slick as solid ice.
  - Bridges, northern slopes, and shaded areas tend to frost/freeze first.
  - Melted snow and ice can refreeze and still look like water.
  - If temperatures are low enough, salt will not have any effect.
  - MoDOT uses salt and salt water before an approaching storm in an effort to prevent ice on major roadways.
  - Allow extra driving time in the winter and watch for local or sudden changes.
  - Whenever possible, avoid driving in winter storms.



Jaycees, Dave Watson of Ballwin-Ellisville Electric, Gary Carr, Mayor Tim Pogue, and Frank Schmer of St. Louis Home Fires.

At a recent meeting, the Ballwin Board of Aldermen recognized the aid and support that contributed to the restoration of the original Ballwin School House, located at 308 Jefferson Avenue. Pictured left to right are Rick Klenke and Lee Allen of Allen Roofing, Brian Boeckmann of the West St. Louis County

## Trash Bill Increase

Trash Bills to Increase in Ballwin,  
Effective January 1, 2010

	Standard Rate	Senior Rate
Trash 1/Week	\$55.83	\$50.25

Effective January 1, 2010, there will be a 3.5% increase in the residential trash collection bills in Ballwin. Since we are all billed quarterly the next bill will probably be partially under the old rate and partially under the new rate. Once this period is over, the quarterly rate will be as shown in the following table.

The standard and senior rates include once-a-week yard waste and recycling pickup, bulky item pickup on the last pickup day of the month and white goods pickup including large appliances like washers and dryers on a call-in basis. If you have a question about the rates you are paying or service, contact Allied Waste, a division of Republic Services at 636-947-5959.

## Project ChildSafe

### The Ballwin Police Department will be distributing Firearm Safety Kits

The Ballwin Police Department will be distributing free firearm safety kits to residents through a partnership with Project ChildSafe, the nationwide firearms safety education program. The safety kits, which include a gun lock, will be distributed at the Ballwin Police Station, 300 Park Drive.

Project ChildSafe, a program developed by the National Shooting Sports Foundation (NSSF), has distributed more than 35 million firearm safety kits throughout the country since 2003. The program is funded by a U.S. Department of Justice grant, with additional funding provided by the firearms industry.

Each kit contains a safety curriculum and a cable-style lock. The locks fit on most types of handguns, rifles and shotguns. The goal is to prevent a child or any other unauthorized person from accessing a firearm in your home.

By partnering with Project ChildSafe, the Ballwin Police Department is participating in a national effort to promote firearms safety education to all gun owners.

"We are pleased to have the Ballwin Police Department as a Project ChildSafe partner," said Bill Brassard, Jr., Director of Project ChildSafe. "Project ChildSafe is an important step forward in helping ensure that all firearm owners fully understand their responsibilities with respect to the safe handling and storage of firearms.

For additional information, please contact Sgt. John Bergfeld at (636) 227-9636.

## Think Green!

### Keeping Driveways and Sidewalks Clear of Ice

Keeping pavement and sidewalk areas free of ice and snow is an essential part of suburban life. However, road salt contains chloride as its principal ingredient. Chloride does more than melt snow and ice; it negatively impacts local lakes and rivers.

### What can you do to help?

- Shovel (or use a snow blower) before you use any product; never put a deicing product on top of snow.
- Adopt the "Just Enough" principle, putting down just enough product to keep high traffic areas clear of ice.
- Sweep up undissolved product after a storm is over for reuse.
- Consider switching to a non chloride deicer.
- Support changes by your municipality to minimize salt usage.
- Inform a neighbor about the impacts chlorides have in our streams and rivers.

### Recycle Facts from Allied Waste

- Plastic water bottles recycled with Allied Waste are broken down and reused to make carpet. Mohawk Carpet in Atlanta, Georgia

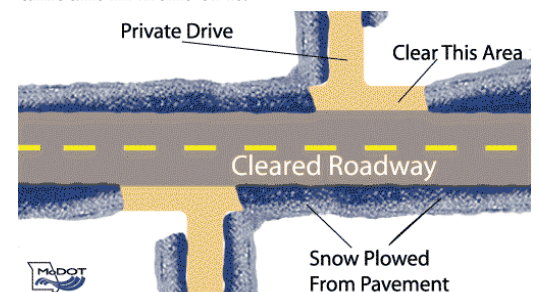
- is one of the major vendors for this product.
- A used aluminum can is recycled and back on the grocery shelf in as little as 60 days. It will last a lifetime in a landfill.
- Recycling a complete run of the New York Times Sunday Edition would save 75,000 trees.
- A modern glass bottle takes over 4,000 years to decompose in a landfill. If it is recycled it can create a new product line creating new jobs.
- About 1/3 of the average landfill is made up of packaging material.

### Help Keep Ballwin Beautiful

Ballwin's refuse collection code prohibits trash cans, recycling carts and other yard waste or refuse containers from being kept anywhere in front of the house except on the day of collection. The purpose of this regulation is to help maintain the attractiveness of our residential neighborhoods. Ballwin has some of the most attractive neighborhoods and streetscapes in the St. Louis area and seeing beautiful landscapes and flowers rather than trash cans and containers as we drive or walk down the street is a contributing factor. We ask for your cooperation in helping keep Ballwin beautiful for the benefit of everyone.

## How to Keep Your Driveway Clear

Snow plowed from roads could end up blocking private driveways for some time. Ballwin Public Works recognizes the inconvenience this causes. To reduce the amount of snow that might block your driveway, shovel an open area along the shoulder at the entrance (see illustration below). Plow blades will then push snow into the area just before your driveway, leaving a much smaller amount in front of it.



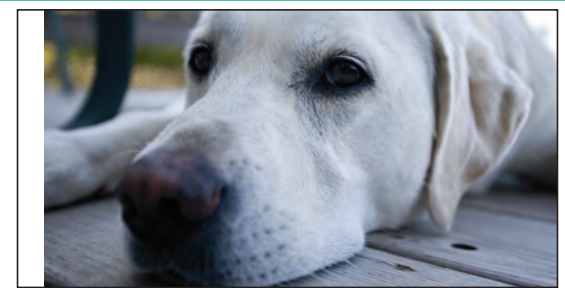
## Court Offices Move to Government Center

Effective January 1, 2010, the offices of the Court Administrator and Assistant Court Clerk will be moving to the Government Center, 14811 Manchester Road. For court matters Monday - Friday from 8 a.m. - 5 p.m., visit the Government Center or call it at 636-227-9468. The Municipal Court will start at 5:30 p.m. starting in January but it will still be held at the Red Loehr Police and Court Center, 300 Park Drive.

## Lost Pets?

Have you lost or found a dog or cat? If so, please be sure to call the Ballwin Police Department. We keep a detailed list of all animals lost and/or found with the contact information. We are pleased to say we have reunited many owners with their pets.

You can contact us at 636-227-9636 anytime day or night. If after hours, follow the prompts.



## Park & Recreation News

### Membership Specials

January Membership Special-Get 13 months for the price of 12 when you purchase an annual Pointe or Pointe Plus membership! Offer good through January 31, 2010. Not valid on debit memberships.

February Membership Special-When two patrons purchase a 20-visit card at the same time, both patrons will receive 2 extra classes. This offer is good for water aerobics or any group fitness class.

For your ease and convenience we will soon be offering Activity Registration Online! We will have online our Spring and Summer activities and programs for your viewing by February 1st.

- Our Program registration dates are as follows:
- VIP (Ballwin residents with current Ballwin ID card or current members)
  - Reg (Non-Residents)

### Ballwin's Lose-to-Win Orientation Thursday, January 14, 7:00 p.m.

Take advantage of the discounts on personal training during this weight loss game calculating the highest percentage of weight lost. Compete as a team or individual! Come to The Pointe and find out how the game will work and make this the year that you win by losing!

### 50+ Lunch and Bingo - January 20 and February 17 at 11:00 a.m. • \$6/person

Join us for a light lunch and Bingo at The Pointe. Six rounds of Bingo and prizes will be followed by lunch and six more rounds. Pre-registration is required. What will the mystery prize be this time??

### Home Alone - Friday, January 15, 6:30-8:30 p.m. • VIP/Reg. \$20

Class is designed for kids that will be left home for short periods of time. Learn personal/fire/storm safety, basic first aid, simple snacks and activities.

### Sitter Skills-Saturday, January 16, 9 a.m. -12:30 p.m. • VIP/Reg. \$25

Get prepared for safe and positive babysitting experiences. Includes "A Guide to Babysitting" book and certificate. Bring a doll or stuffed animal for demonstration purposes.

### Upside Down Indoor Triathlon - Sunday, January 17-The first wave starts at 7:00 a.m. for ages 10 and up • VIP/Reg \$20

We are hosting a unique triathlon experience. Participants will perform a 15 minute run, 15 minute bike ride and 10 minute swim (in that order.) Distance will be calculated to determine the top finishers. Each participant receives an Upside Down Triathlon t-shirt! There will be prizes for top overall male and female finishers. The top 3 finishers in each age/gender category will receive medals (14 and under, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60+). Space is limited. Download an entry form.

### Kid's Night Out...Holiday Cheer! Friday, January 29, 6-10:00 pm for ages 7-12 VIP \$8/Reg \$10

Come join the fun! No parents allowed. Games and prizes, crafts, swimming and much more! Pizza and lemonade will be provided as a snack. Register Now! Space is limited to 50 participants.

### Valentine Dances-February 12 from 6-8:30 pm - Daddy-Daughter Dance.

Find your dancing shoes and bring your sweetheart for a special evening. Join us at the Ballwin Golf Club for dinner and dancing. Please register by February 8th.

### Basic Training-Monday-Thursday, February 22-April 1, 6-7 a.m. VIP /Reg. \$149

This 6-week, 24-class boot camp is sure to give your routine a kick start! Open to all fitness levels.