

Ballwin *Life*



ARTWORK AROUND TOWN P.8
LEAF COLLECTION P.10
HOLIDAY SAFETY TIPS P.15
PARKS & RECREATION GUIDE P.16

Our Mission:

To protect, inform, and serve our community with diligence, respect, and transparency.



Contact Us

- City of Ballwin**
(636) 227-9000
www.ballwin.mo.us
- Code Enforcement**
(636) 227-9000 *option #3
- Ballwin Golf Course & Club**
(636) 227-1750
- Municipal Courts**
(636) 227-9000 *option #4
- North Pointe Aquatic Center**
(636) 227-2981
- Parks and Recreation**
(636) 227-9000 *option #6
- Ballwin Police Department**
(636) 227-9000 *option #7
- The Pointe at Ballwin Commons**
(636) 227-8950
- Public Works**
(636) 227-9000 *option #2

Report an Issue

Issues may be reported online by visiting www.ballwin.mo.us or by phone.

Report a Pothole or Street Tree

Contact Public Works
(636) 227-9000 *option #2

Report a Code Issue

Contact Code Enforcement
(636) 227-9000 *option #3

Report a Tip to Police

Contact the Police Department
(636) 227-9000 *option #7

To report a crime in progress dial 911

Utilities

- Ameren Missouri**
(314) 342-1000
- Republic Services**
(636) 947-5959
- Metropolitan Sewer District**
1 (866) 281-5737
- Missouri American Water**
1 (866) 430-0820
- Spire**
(314) 621-6960

Fire Protection

- Metro West**
(636) 458-2100
- West County EMS & Fire**
(636) 227-9350
- Monarch**
(314) 514-0900

Helpful Numbers

St. Louis County

Main Office
(314) 615-5000

Board of Elections
(314) 615-1800

Animal Control
(314) 615-0650

Personal Property
(314) 615-5500

Miscellaneous

USPS - Ballwin
(636) 227-5783

Better Business Bureau
(314) 645-3300

Social Security Office
1 (800) 772-1213

IRS
(314) 612-4002

Employment Office
(314) 340-4950

West County License Office
(636) 230-5041

Future Publications

February 2020

May 2020

August 2020

November 2020

Advertising spaces are available in future Ballwin Life publications. Please visit our website for more information.

From the Mayor

Tim Pogue

By the time you read this, daylight savings time will have ended, the autumn leaves will be starting to fall, and our City will be gearing up for the beginning of a new calendar year.

There are so many things to love about fall... except the shorter days. Although we can't reverse the time change, we will do our best to be more efficient with our curbside leaf collection program. This year, we will be returning to our old system of dedicating specific crews to be in, and stay in, each ward until the job is done. What this means to you is more frequent passes by the same dedicated employees. Of course, our productivity depends on the weather, and we all know that you can't always trust Mother Nature.

On a more positive, and predictable, note, our employees and elected officials have been working hard to make sure our community moves forward every year! Once again, Ballwin has been recognized as a safe place to live, work, and play! In this magazine, you'll find advice from our Police Department on how to stay extra safe this holiday season.

We move into 2020 in a stable financial condition. We are currently debt free and expect to maintain our high-quality



services, despite stagnant retail sales attributed primarily to the increased consumer preference for internet purchases. We have, and always will, continue to place an unwavering focus on economic development and supporting our business community. Fortunately, it looks like we will be able to continue offering a zero municipal property tax assessment.

We have a lot to be thankful for this year, including the wonderful residents and businesses that make up this community! I'm excited to say our City gets stronger every year and I expect nothing less in 2020. Happy Holidays and a Happy New Year!

Respectfully,

Tim Pogue

“ We strive to provide each and every one of you with the high-quality services you deserve in the most efficient manner possible! Your safety, input, and satisfaction are of utmost importance to us. If you have any questions, would like to voice concerns, or just want to reach out, we encourage you to do so. We are grateful you chose to call the City of Ballwin home and are proud and honored to have you in our community! ”

- City Administrator Bob Kuntz

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In the KNOW

- Our City received another accolade for our safety! We were recently named 'The 4th Safest City to Live in Missouri' by backgroundchecks.org. In addition to the Ballwin Police Department, we'd like to thank our wonderful residents! Residents, your participation and attentiveness play a vital role in keeping our community safe. We encourage you to keep being helpful and observant!
- In August, Ballwin Police Chief Kevin Scott resigned his position to accept an exciting and challenging position with Metro Transit. Kevin Scott held the position of Chief of Police since 2016 and had been with the Ballwin PD for almost 28 years. On behalf of the City, Mayor Pogue, and the Board of Aldermen, we would like to express our sincerest appreciation to Kevin for his many years of dedicated service and leadership. City Administrator Bob Kuntz designated Captain John Bergfeld as Interim Police Chief during the formal Chief of Police selection and search process.
- The Government Finance Officers Association (GFOA) presented the Distinguished Budget Presentation Award to our Finance Department for the fourth consecutive year!
- Our Sixth Annual Craft Beer Festival was held in Vlasik Park on September 7th (pictured below). It was a perfect, sunny Saturday full of beer sampling, live music, and tasty treats! Thank you to everyone who attended!



- Our Public Works department completed their construction season. Projects included micropaving, street slab and curb replacements, and more! To see the full list of completed streets and bridges, head to www.ballwin.mo.us/Street-and-Bridge-Projects/. Next up for Public Works, leaf collection!
- The Ballwin Summer Camp program received the Blueprint 4 Summer's "Top 40" award for the third year in a row!
- One of our police officers was inducted into the National Law Enforcement Hall of Fame! Officer Hitchcock was named School Resource Officer of the Year for his work at Selvidge Middle School. His induction ceremony took place on September 12th in Maumee, Ohio. Officer Hitchcock has been with the Ballwin Police Department for 33 years and was the School Resource Officer for four years at Selvidge until last spring. He was instrumental in creating multiple programs at Selvidge, including one where students can eat lunch off campus with police officers.
- Parks and Recreation added three pickleball courts to the basketball court in New Ballwin Park! These courts were completed in early October. We encourage you to check them out!

As always, for the most up-to-date and accurate information, please visit our website at www.ballwin.mo.us. If you have questions on anything mentioned above, contact the Ballwin Government Center at (636) 227-9000.

First and foremost, we'd like to thank everyone who submitted a response to our communication survey, which was included in the last issue of the Ballwin Life Magazine. Our goal is to create an atmosphere of open and honest communication with all members of our community. We want to make sure we are always providing you with the most current and accurate information. We truly value your input and appreciate the time spent offering your feedback and ideas.

After going through all responses, we wanted to make sure everyone was aware of all of the communication methods we offer! We know you already receive the Ballwin Life Magazine, but there are other channels and opportunities to get involved and stay informed more often. Here are some of the other ways to receive information from the City.

Social Media

If you have a presence on social media, we recommend following and engaging with us on our Facebook, Twitter, and Instagram pages. Here, you'll find new and unique content every week from our #BeingBallwin community member spotlight to the famous Police Weekly Roundup to upcoming recreation activities and events.

<u>Facebook</u>	<u>Twitter</u>	<u>Instagram</u>
@cityofballwin	@CityofBallwinMO	@cityofballwinmo
@BallwinPD	@BallwinPolice	@Ballwinpd
@BallwinParksandRecreation	@BallwinParksRec	@Ballwinparksandrecreation

Email Newsletters

If you want City updates sent straight to your inbox, we encourage you to sign up to receive one, or all, of the following e-newsletters we provide! Register by heading over to our website and clicking on the E-Newsletter Sign Up option under the Services Tab. All you need is an email address to get started.

- News on the 9th (Ballwin Golf Course & Club)
- Ballwin Police Department
- Ballwin Race Series
- Board of Aldermen Meeting Agendas
- City of Ballwin News
- Parks and Recreation's Upcoming Events
- In the Works (Public Works)
- The Pointe Fitness News

We hope that you find each of these channels accessible and informative, but if you ever need more information about specific projects and events, or have questions you'd like answered, reach out to us directly! Feel free to stop in or give us a call at (636) 227-9000. We are located at **1 Government Ctr** and are open Monday through Friday from 8 a.m. to 5 p.m.

the biz.

Ballwin Businesses

Did you know almost 50% of our entire City operating budget comes from retail? This means revenue generated from sales tax is put right back into the Ballwin community and is used to support the essential services you depend on including police protection, street maintenance, recreation facilities, and more.

Shop Ballwin First

That is why our Shop Ballwin First program is so important! When you shop here in Ballwin, you're not only helping our businesses thrive, you're also supporting your entire community!

To encourage you to shop in Ballwin, we've partnered with some of our local businesses to create the Shop Ballwin First program. With our Shop Ballwin First program, residents are able to take advantage of the countless discounts offered by our local businesses which are only available for Ballwin residents and Pointe members. All you need is a resident ID card (also known as a membership key fob) from The Pointe to start getting great deals on automotive services, food, haircuts, personal training, jewelry, and more! You can find the full list of Shop Ballwin business participants online by visiting <https://www.ballwin.mo.us/Shop-Ballwin-First/>. If you know a business interested in participating in the Shop Ballwin First program, email Marketing & Communications Specialist Kennedy Robinson at krobinson@ballwin.mo.us. This is a great advertising opportunity for businesses, and best of all, it's FREE!

Available Commercial Properties

We have a few commercial properties available within our City limits! If you're interested in opening a business in Ballwin, contact the City of Ballwin at contact@ballwin.mo.us for a list of available properties.

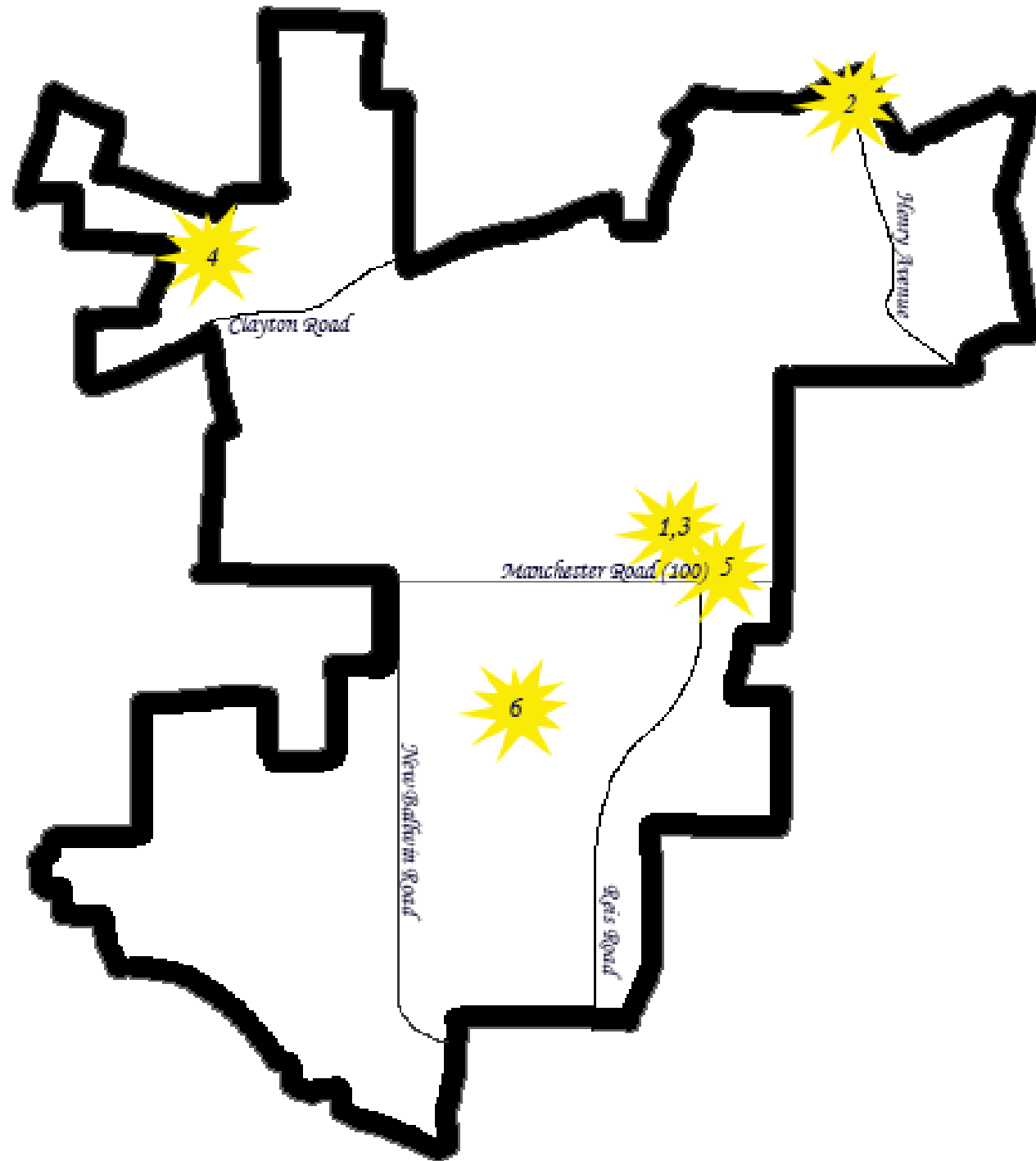


Small Business Saturday Saturday, November 30

Saturday, November 30 is Small Business Saturday! Small Business Saturday is a nationwide movement that was created to help discover and celebrate small businesses. Our community is home to numerous businesses and you play such a vital role in helping them thrive! So on November 30th, we encourage you to get out and support our wonderful Ballwin businesses!

Artwork Around Town

Have you seen all the sculptures and artwork displayed at various locations throughout our City? If not, use the map to take yourself on a quick Ballwin Art Tour! For everyone who attends our Ballwin Craft Beer Festival, we thank you! A portion of our proceeds benefit the Ballwin Visual and Performing Arts and is put towards some of these public art projects!



1
Location: Vlasis Park
Year Installed: 2019



2
Location: Clayton Road and Henry Avenue
Year Installed: 2010



3
Location: Vlasis Park
Year Installed: 2006



4
Location: Kehrs Mill Road and Clarkson Road
Year Installed: 2012



5
Location: Manchester Road and Seven Trails Drive
Year Installed: 2014



6
Location: The Pointe at Ballwin Commons
Year Installed: 2006

Curbside Leaf Collection



The Ballwin Public Works department is excited to continue our free, residential curbside leaf collection program this fall! Weather permitting, this program will begin the last week in October.

As we gear up for this program, we wanted to provide you with a few, friendly reminders to get you ready! Please note, the following list does not include all information. For additional details, visit the Curbside Leaf Collection page on our website.

- There will be at least one crew assigned to each ward (1, 2, 3, and 4). If you're unsure which ward you live in, contact the Ballwin Government Center or use the online ward and street search feature on our website.
- Crews will collect leaves Monday- Friday and will begin each day where they ended the day before.
- There will be no leaf collection on Thanksgiving day (11/28), the Friday following Thanksgiving (11/29), Christmas Eve (12/24), or Christmas Day (12/25).
- This service is only provided to customers of the City's contracted waste hauler. Properties that have separate contracts are excluded from this program.
- For the safety of our crew members and the equipment, sticks, plants, root balls, metal objects, bricks, logs, and animal waste must be kept out of the leaf pile. Piles of leaves with such debris will NOT be collected to avoid injuries and equipment damage which would cause delays.
- Residents should put all leaves on the edge of their yard and NOT in the street.
- Please do not park on top of, or in front of, leaf piles. Leaves that are not accessible cannot be collected until the next cycle through the City. Crews cannot return to missed piles.
- Please do not block fire hydrants, storm drains, or mailboxes with your leaf pile.
- Unlike trash collection, we cannot guarantee which day of the week your leaves will be collected. We also cannot guarantee your leaves will be picked up each week (due to weather conditions and sheer volume). This service may be curtailed due to adverse winter weather conditions.
- If our timeline doesn't match your needs, leaves can be picked up by the trash hauler as part of their yard waste collection if the leaves are put in yard waste bags or separate containers.

If you have questions on anything mentioned above, please reach out to our Public Works department directly at (636) 227-9000 *option #2.

Frequently Asked Questions?

Here are a few, great questions we've received from Ballwin residents! If you have a Public Works question you'd like answered, send an email to pw@ballwin.mo.us.

Q: I've noticed stoplights not working on Manchester Road. Who do I contact about this?

A: MoDot handles all stoplights on Manchester Road. MoDot's contact number is (314) 340-4100.

Q: I heard the City offers a Tree Planting Program, is this correct?

A: We offer a cost-share program to encourage the planting of trees in our neighborhoods to provide beauty and environmental benefits! Residents may apply to the city for up to a \$100 reimbursement after planting a tree in the front yard of their home or the area between the street and sidewalk in front of their home, provided the area and the tree meet the appropriate criteria. Additional details can be found on our website.

Q: My streetlight is out, what do I do?

A: Ameren Missouri is responsible for streetlight outages, so you will need to contact them by phone at 1 (800) 552-7583 or by email at solutionscenter@ameren.com.

Q: How often does the street sweeping program take place?

A: Street sweeping happens four times a year in April, June, September, and December. Each sweeping usually lasts around three to four weeks.

Q: I requested service online using the 'Report an Issue' feature. When will crews be out to take care of it?

A: We are never able to give an estimated date of commencement or completion for any project. When a request comes through, a supervisor is dispatched to view the problem area. From there, completion date is dependent upon severity, scheduling, and weather.

Q: Where can I go to learn more about the Public Works snow removal and plowing policy?

A: Information on our snow removal program is on our website at www.ballwin.mo.us/Snow-Removal/.



Steve Martinez Ins Agcy Inc
Steve Martinez, Agent
104 Holloway Road
Ballwin, MO 63011
Bus: 636-227-7888

Thanks, Ballwin Residents.

I love being here to help life go right™ in a community where people are making a difference every day. Thank you for all you do.



Police News



Hello Ballwin! I wanted to take a moment and introduce myself to those of you whom I have not yet met. My name is John Bergfeld and I have been appointed Interim Police Chief until Chief Kevin Scott's replacement is selected.

I am a 22-year veteran of the Ballwin Police Department. A lot of you may know me from when I was the School Resource Officer at Selvidge and Crestview Middle Schools. Others may know me from my days teaching the D.A.R.E. program at our elementary schools. For the past two years, I have been the Assistant Chief of Police. I want to reassure you the men and women of the Ballwin Police Department will continue to provide you with the highest level of police service while we are in this transition phase.

The department continues to move forward with innovative means of providing you with the highest level of service. In early August, the department implemented a cloud based Computer-Aided Dispatch (C.A.D.) system called SOMA Global. The system allows our dispatchers to see the location of our officers, in real time, while they are patrolling your neighborhoods. The SOMA Global platform allows officers and supervisors to see call information on their smart phones or tablets, in addition to the laptop computer in their patrol cars. We were also able to offer this upgrade to the Manchester Police Department as part of their dispatching contract with our city. The Ballwin Police Department is one of the first agencies in the State of Missouri to use a cloud based dispatching system, which was selected to ensure continuity of service during a disaster. If our police station was damaged during a disaster, our dispatchers would still be able to dispatch calls from

any location with an internet connection and telephone service.

I want to let you know about a couple of other exciting items. On October 1st, the Ballwin Police Department began providing police services to the City of Winchester. Up until 2001, the Ballwin Police Department provided this service to the residents of Winchester. The men and women of the Ballwin Police Department are excited to renew our relationship with the residents of the City of Winchester.

On November 14th & 15th, the police department will be hosting on-site assessors from the Missouri Police Chiefs Association Certification Program. The department underwent our first certification assessment in November 2016. Every three years, we must undergo a reassessment to maintain our certification. The certification process involves an internal review of our policies to ensure they are in alignment with the 200 certification standards. The standards cover all aspects of police operations from purchasing to prisoner handling to vehicle operation. We must then document three years worth of proof to show we follow our policies and the standards. The assessors will also observe our operations while they are on-site. Assessors will ride with patrol officers and observe our 911 dispatchers to ensure they are doing their jobs in compliance with the standards.

If you have any questions or would like to speak with me personally, I can be reached at (636) 227-9636 or jbergfeld@ballwin.mo.us.

If you need us we'll be here.

Interim Police Chief
John Bergfeld



Nearly every week our Officers and Dispatchers answer calls from individuals who have been contacted by a scam artist. The term "scam artist" is actually an accurate way to describe a portion of the criminals involved in these types of crime. Once they have your attention they are able to shift the conversation to maximize the amount of fear, or pressure you into doing things that you would not normally do, such as send money to someone you do not know. These types of stories often hit the media. They highlight the amount of money that can be lost and the level of stress that it can cause to entire families. This stress comes from the uncertainty of how bills will be paid and how to prevent this from happening again in the future in order to protect the financial plan of your loved ones.

Recently, we have been notified that the scammers are using phone numbers that belong to reliable sources like police departments, banks, and federal government agencies. This tactic is hard to track and easy to do for scammers. It also increases the likelihood that potential victims will answer the phone, which is half the battle for the scammer. Once they have you on the phone they will use a variety of tactics to gain your trust or increase your level of fear. They will attempt to collect money to clear outstanding warrants, pay taxes, post bond for family members, etc.

The Ballwin Police Department, and just about every one of our counterparts in any government agency, **will never** attempt to collect money over the phone. Please be skeptical of anyone attempting to collect money, gift cards, and/or personal information over the phone when you have not initiated the call with a trusted and verified source. For more information please visit ballwin.mo.us/Fraud.



Greg Beasley, Agent
15212B Manchester Road
Ballwin, MO 63011
Bus: 636-227-4242
greg.beasley.b5wx@statefarm.com

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State Farm General Insurance Company, Bloomington, IL
State Farm Life Insurance Company (Not licensed in MA, NY or WI), State Farm Life and Accident Assurance Company (Licensed in NY and WI)
Bloomington, IL

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On August 19, 2019, several Ballwin Police Officers and members of the Ballwin community were recognized at the Board of Alderman Meeting by then Police Chief Kevin Scott.

Detective Jeff Southward, assigned to the St. Louis County Multi-Jurisdictional Drug Task Force, was awarded the Meritorious Service Citation, which is the second-highest award available from the Ballwin Police Department. Det. Southward was recognized for his life-saving actions on May 13, 2019, while conducting enforcement efforts on a federal search warrant in North St. Louis County. As the suspect was confronted by detectives while seated in a vehicle, the suspect placed the car in drive, accelerating quickly and colliding head-on with a police vehicle occupied by two additional detectives. Det. Southward and his team reapproached the suspect and observed the suspect was gripping a handgun positioned in his front waistband. Det. Southward struck the suspect in the forehead with the barrel of his rifle, causing a distraction and the suspect released the loaded .45 caliber handgun. Det. Southward's quick action prevented serious injury to officers and the suspect.

On May 13, 2019, Ballwin Police Officers Ray Rader, Robert Berry, and Mark Godefroid responded to a call for a subject unresponsive on the sidewalk, believed to be experiencing a cardiac event. Upon their arrival, they observed Steven Nelms, Linda Oitker, Robert Phillips, and Jamie Wynd performing life-sustaining aid. The three Ballwin officers took over the scene until paramedics arrived. The victim survived because of the actions of the citizens, officers, and paramedics that day. All involved received a Chief's Letter of Appreciation.

In June, officers responded to the scene of an open-air suicide. Shortly after the incident, Anisha Coleman assisted police officers in



comforting loved ones of the victim. The care and compassion displayed by Ms. Coleman were instrumental in providing key support to both the family and investigators on the scene that day. Ms. Coleman received a Chief's Letter of Appreciation.



Holiday Safety Tips

With the holiday season approaching it is a great time to help prepare you and your family to ensure a safe and happy end of the year. Thefts across the nation experience an uptick during the holiday shopping season as there is simply more opportunity. Safeguarding you and your family's holiday season will give you peace of mind and let you focus on spending time with your family and loved ones.

Package Delivery

A big part of the season, for many, is the exchanging of gifts. Over the past several years, online purchases have skyrocketed which has opened a whole new industry, porch pirates. Porch pirates are those individuals who take your package before you have a chance to bring it inside. We recommend sending packages to your place of employment or coordinating with a trusted neighbor to hold them for you until you can take them inside.

Another tip for holiday packages is to consolidate the discarded packaging of newly purchased items before setting them out for the garbage. This will help disguise what products are now stored inside your home for those driving through your neighborhood.

Travel

If you are traveling to visit family or going on a holiday vacation, we advise you to have a trusted neighbor keep an eye on your home and contact you in case of any suspicious activity. You can also complete a Vacation Check Form to have the police check on the exterior of your residence online by visiting www.ballwin.mo.us/vacationcheck.

Social Media

In today's world, it is difficult to resist the urge to post photos of your new gifts and when you and your family are traveling together. We urge all of our residents to be careful about what they post on social media because they may be tipping off potential criminals to an empty house full of new gifts.

As always, don't hesitate to contact us with any questions on how to stay safe this holiday season!

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636.227.5511
www.Schrader.com



Your neighborhood funeral home and crematory has been family-owned since 1868, and the choice for generations of West County families.



Don't let the cooler temperatures keep you indoors this fall and winter. Getting outside is important for your health, so make sure you dedicate some time to spend in Mother Nature over the next few months.

Luckily, you won't have to go too far because Ballwin is home to five beautiful parks. All our parks are open year round from 7 a.m. to dusk! So no matter the time of year, these outdoor spaces are ready for both residents and non residents to enjoy.

So bundle up, grab your family and friends, and head outside to enjoy some much needed time outdoors!

Vlasis Park

300 Park Drive (63011)

New Ballwin Park

329 New Ballwin Road (63021)

Ferris Park (pictured)

500 New Ballwin Road (63021)

Holloway Park

335 Holloway Road (63011)

The Pointe at Ballwin Commons Park

#1 Ballwin Commons Circle (63021)

Reservations for our Park Pavilions will begin January 1, 2020 at 10 a.m. All you have to do is stop by The Pointe's Welcome Desk, complete the permit, and pay! Additional information can be found online at www.ballwin.mo.us/Pavilion-Rental/.

Visit
our
Parks

The Pointe at Ballwin Commons

#1 Ballwin Commons Circle
(636) 227-8950

Hours of Operation

Monday - Friday	5:15 a.m. - 10 p.m.
Saturday	7 a.m. - 8 p.m.
Sunday	8 a.m. - 6 p.m.

Holiday Hours

Nov. 28:	CLOSED
Nov. 29:	5:15 a.m. - 10 p.m.
Dec. 24:	5:15 a.m. - 1 p.m.
Dec. 25:	CLOSED
Dec. 31:	5:15 a.m. - 5 p.m.
Jan. 1:	10 a.m. - 6 p.m.
Jan. 20:	5:15 a.m. - 10 p.m.

Babysitting Hours (3 months - 8 years)

Monday - Friday	8 a.m. - 12 p.m.
Monday - Thursday	5 p.m. - 8 p.m.
Saturday	8 a.m. - 12 p.m.

Daily Fees

	Res*	Non
Youth, 3 - 18	\$5	\$8
Adult, 19 - 61	\$6	\$8
Senior, 62 +	\$5	\$8
Babysitting	\$4	\$4

20 Visit Swipe Cards

Youth, 3 - 18	\$80	\$140
Adult, 19 - 61	\$100	\$140
Senior, 62 +	\$80	\$140
Active Military	\$33	\$45

20 Visit Water Cards

Water Aerobics	\$80	\$100
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*To receive resident rates you must have a current Resident ID Card. If a card is needed, bring a utility bill to The Pointe's Welcome Desk.

Personal Training Fees

1 Hour Sessions:	VIP	Reg
1 Session	\$60	\$70
5 Sessions	\$275	\$315
10 Sessions	\$480	\$560
20 Sessions	\$840	\$980
30 Minute Sessions:		
1 Session	\$35	\$40
5 Sessions	\$160	\$180
10 Sessions	\$280	\$320
20 Sessions	\$500	\$550

Personal Training Group pricing is also available on our website at www.ballwin.mo.us/Personal-Training/. You can also see our list of current personal trainers by visiting that link.

As you may already know, Missouri voters passed Prop B last November, which increases the minimum wage 85 cents a year annually through 2023. Like other organizations that employ a significant number of part-time workers, the Ballwin Parks and Recreation department will be facing increased costs as a result of the new law. Discussions are underway to increase fees to offset these additional labor costs.

We encourage every current or prospective member to purchase or renew an annual membership to lock in our current rate for next year. Please note, there will still be membership discounts available to you throughout the 2020 calendar year, so keep on the lookout. Our upcoming specials can be found on the previous page.

We understand this increase may be a concern, so if you'd like more details on the new law and how it specifically affects the Ballwin Parks and Recreation department, contact me at cconway@ballwin.mo.us.

- Chris Conway
Director of Parks and Recreation

Current Rates

Residents	Pointe Annual	Pointe Monthly	Pointe + Annual	Pointe + Monthly	Platinum Annual	Platinum Monthly
Youth 3-18	\$192	\$18	\$245	\$23	\$336	\$30
Adult 19-61	\$336	\$30	\$420	\$37	\$504	\$44
Senior 62+	\$180	\$17	\$288	\$26	\$372	\$33
Active Police/Fire	\$180	\$17	\$288	\$26	\$372	\$33
Active Military	\$180	\$17	\$288	\$26	\$372	\$33
Senior Couple	\$264	\$24	\$336	\$30	\$480	\$42
Single +1	\$432	\$38	\$600	\$52	\$744	\$64
Family*	\$480	\$42	\$685	\$59	\$828	\$71

*Maximum of 2 adults over the age of 24 on this membership.

Nonresidents

Youth 3-18	\$312	\$28	\$395	\$35	\$480	\$42
Adult 19-61	\$528	\$46	\$645	\$56	\$732	\$63
Senior 62+	\$324	\$29	\$425	\$38	\$516	\$45
Active Police/Fire	\$324	\$29	\$425	\$38	\$516	\$45
Active Military	\$324	\$29	\$425	\$38	\$516	\$45
Senior Couple	\$444	\$39	\$585	\$51	\$696	\$60
Single +1	\$672	\$58	\$795	\$67	\$888	\$76
Family*	\$744	\$64	\$945	\$81	\$1,056	\$90

*Maximum of 2 adults over the age of 24 on this membership.

Pointe Debit membership - The City of Ballwin will automatically debit your checking account or credit card. It must be from one or the other, members cannot alternate billing. The first month's payment and a \$20 activation fee is due at time of enrollment. There is a minimum of two automatic payments with the debit program. *This program will not end until you give The Pointe written notice of your intent to cancel at least two weeks prior to your next debit.*

Pointe Plus - This combination membership includes The Pointe and North Pointe Aquatic Center.

Platinum - This membership includes unlimited use of everything our facilities have to offer. All group, specialized, and water aerobics classes are included. Admission to The Pointe and North Pointe Aquatic Center, babysitting at The Pointe, and Resident Rates at the Golf Course are also included.

VIP Pricing - Ballwin has ensured residents receive a lower rate in our facilities and programs. In order to receive this VIP rate, residents must prove residency at The Pointe by providing an unpaid gas, sewer, water, or electric bill. Once you bring in your utility bill, you can purchase a Resident ID Card for \$5 (must be renewed annually for \$1). Non residents who are members of The Pointe will also receive VIP rates.

Specials & Memberships

November

- Personal training package discounts - get 5% off 5 visits, 10% off 10 visits and 15% off 20 visits
 - Receive two additional visits when you purchase a swipe card
- 30 day student membership (from day of purchase) Res \$35, Non-Res \$45

December

- Personal training package discounts - get 5% off 5 visits, 10% off 10 visits and 15% off 20 visits
 - Get 10% off when you purchase an annual Platinum or Pointe membership
- 30 day student membership (from day of purchase) Res \$35, Non-Res \$45

January

- Get 10% off when you purchase an annual Platinum or Pointe membership
- **Open House Special (1/4/2020 only) - No activation fee and rest of January free. First debit will be on 1/30/20. There is a minimum of two debit cycles before cancellation.

North Pointe

- Early Bird pricing for pool passes at North Pointe available starting 1/1/2020. This 10% off discount will end 4/30/2020.

PARKS & RECREATION PROGRAMS

Seahorses

Tuesdays, Thursdays (Jan. 7 - Jan. 30)
 4:30 - 5:15 p.m.
 5:15 - 6 p.m.
 6 - 6:45 p.m.
 Saturdays (Jan. 11 - Feb. 25)
 9:30 - 10:15 a.m.
 10:15 - 11 a.m.
 11 - 11:45 a.m.

This 30-minute lesson gets the parents involved. The focus is to get the children comfortable in the water with the help and support of an adult family member. This is taught through songs, games, and fun activities the young ones will enjoy. A parent or guardian 18 years or older MUST be in the water with the child.

Fee: VIP \$60, Reg \$75
 Ages: 0.5 - 3
 Location: The Pointe

Seahorses (Six-Session)

Tuesdays, Thursdays (Dec. 3 - Dec. 19)
 4:30 - 5:15 p.m.
 5:15 - 6 p.m.
 6 - 6:45 p.m.
 Saturdays (Nov. 9 - Dec. 14)
 9:30 - 10:15 a.m.
 10:15 - 11 a.m.
 11 - 11:45 a.m.

Fee: VIP \$39, Reg \$49
 Ages: 0.5 - 3
 Location: The Pointe

Tadpoles

Tuesdays, Thursdays (Jan. 7 - Jan. 30)
 4:30 - 5:15 p.m.
 5:15 - 6 p.m.
 6 - 6:45 p.m.
 Saturdays (Jan. 11 - Feb. 25)
 9:30 - 10:15 a.m.

10:15 - 11 a.m.
 11 - 11:45 a.m.

This class is designed to get you comfortable in the water away from the parents and to develop positive attitudes, good swimming habits, and safe water practices in and around water. This is all done while learning the basics of going under water, floating, gliding, and the arm/leg actions that they will incorporate in future levels. Most of the skills are done with support, either by the instructor or flotation device.

Fee: VIP \$60, Reg \$75
 Ages: 3 - 6
 Location: The Pointe

Tadpoles (Six-Session)

Tuesdays, Thursdays (Dec. 3 - Dec. 19)
 4:30 - 5:15 p.m.
 5:15 - 6 p.m.
 6 - 6:45 p.m.
 Saturdays (Nov. 9 - Dec. 14)
 9:30 - 10:15 a.m.
 10:15 - 11 a.m.
 11 - 11:45 a.m.

Fee: VIP \$39, Reg \$49
 Ages: 3 - 6
 Location: The Pointe

Clownfish

Tuesdays, Thursdays (Jan. 7 - Jan. 30)
 4:30 - 5:15 p.m.
 5:15 - 6 p.m.
 6 - 6:45 p.m.
 Saturdays (Jan. 11 - Feb. 25)
 9:30 - 10:15 a.m.
 10:15 - 11 a.m.
 11 - 11:45 a.m.

Now you can start to really have fun by

learning to swim on your own. This class is designed to slowly get rid of the supports and teach you to be more independent in the water by swimming on your own. This class will build on the skills learned in Tadpoles.

Fee: VIP \$60, Reg \$75
 Ages: 3 - 6
 Location: The Pointe

Clownfish (Six-Session)

Tuesdays, Thursdays (Dec. 3 - Dec. 19)
 4:30 - 5:15 p.m.
 5:15 - 6 p.m.
 6 - 6:45 p.m.
 Saturdays (Nov. 9 - Dec. 14)
 9:30 - 10:15 a.m.
 10:15 - 11 a.m.
 11 - 11:45 a.m.

Fee: VIP \$39, Reg \$49
 Ages: 3 - 6
 Location: The Pointe

Otters

Tuesdays, Thursdays (Jan. 7 - Jan. 30)
 4:30 - 5:15 p.m.
 5:15 - 6 p.m.
 6 - 6:45 p.m.
 Saturdays (Jan. 11 - Feb. 25)
 9:30 - 10:15 a.m.
 10:15 - 11 a.m.
 11 - 11:45 a.m.

This NEW level will start introducing independent swimming! While building on skills from Clownfish, swimmers will be swimming with little to no assistance while learning new skills and building confidence in the water. Class length is 40 minutes.

Fee: VIP \$60, Reg \$75
 Ages: 4 - 6
 Location: The Pointe

Otters (Six-Session)

Tuesdays, Thursdays (Dec. 3 - Dec. 19)
 4:30 - 5:15 p.m.
 5:15 - 6 p.m.
 6 - 6:45 p.m.
 Saturdays (Nov. 9 - Dec. 14)
 9:30 - 10:15 a.m.
 10:15 - 11 a.m.
 11 - 11:45 a.m.

Fee: VIP \$39, Reg \$49
 Ages: 4 - 6
 Location: The Pointe

Stingrays

Tuesdays, Thursdays (Jan. 7 - Jan. 30)
 4:30 - 5:15 p.m.
 5:15 - 6 p.m.
 6 - 6:45 p.m.
 Saturdays (Jan. 11 - Feb. 25)
 9:30 - 10:15 a.m.
 10:15 - 11 a.m.
 11 - 11:45 a.m.

Good Job! You are swimming all by yourself now. But practice makes perfect and that is what this level is designed to do. This class will focus on refining the strokes you have already learned so you can swim farther while also teaching you a few new tricks to put up your fin.

Fee: VIP \$60, Reg \$75
 Ages: 4 - 6
 Location: The Pointe

Stingrays (Six-Session)

Tuesdays, Thursdays (Dec. 3 - Dec. 19)
 4:30 - 5:15 p.m.
 5:15 - 6 p.m.
 6 - 6:45 p.m.
 Saturdays (Nov. 9 - Dec. 14)
 9:30 - 10:15 a.m.
 10:15 - 11 a.m.
 11 - 11:45 a.m.

Fee: VIP \$39, Reg \$49
 Ages: 4 - 6
 Location: The Pointe

Sea Turtles

Tuesdays, Thursdays (Jan. 7 - Jan. 30)
 4:30 - 5:15 p.m.
 5:15 - 6 p.m.
 6 - 6:45 p.m.
 Saturdays (Jan. 11 - Feb. 25)
 9:30 - 10:15 a.m.
 10:15 - 11 a.m.
 11 - 11:45 a.m.

Designed with the older kids in mind, this class will teach you good swimming habits and safe water practices in and around the water. This is achieved, all while learning the basic skills needed to swim on your own. The focus is to have you swimming short distances all on your own.

Fee: VIP \$60, Reg \$75
 Ages: 7 - 16
 Location: The Pointe

Sea Turtles (Six-Session)

Tuesdays, Thursdays (Dec. 3 - Dec. 19)
 4:30 - 5:15 p.m.
 5:15 - 6 p.m.
 6 - 6:45 p.m.
 Saturdays (Nov. 9 - Dec. 14)
 9:30 - 10:15 a.m.
 10:15 - 11 a.m.
 11 - 11:45 a.m.

Fee: VIP \$39, Reg \$49
 Ages: 7 - 16
 Location: The Pointe

Swordfish

Tuesdays, Thursdays (Jan. 7 - Jan. 30)
 4:30 - 5:15 p.m.
 5:15 - 6 p.m.
 6 - 6:45 p.m.
 Saturdays (Jan. 11 - Feb. 25)
 9:30 - 10:15 a.m.
 10:15 - 11 a.m.
 11 - 11:45 a.m.

This class is designed to build on what you have learned as a Sea Turtles. So pull out your sword and get ready to fight

that water and swim farther. This class will focus of refining the strokes you have already learned while teaching you a few new things that will allow you to go the distance.

Fee: VIP \$60, Reg \$75
 Ages: 7 - 16
 Location: The Pointe

Swordfish (Six-Session)

Tuesdays, Thursdays (Dec. 3 - Dec. 19)
 4:30 - 5:15 p.m.
 5:15 - 6 p.m.
 6 - 6:45 p.m.
 Saturdays (Nov. 9 - Dec. 14)
 9:30 - 10:15 a.m.
 10:15 - 11 a.m.
 11 - 11:45 a.m.

Fee: VIP \$39, Reg \$49
 Ages: 7 - 16
 Location: The Pointe

Barracudas

Tuesdays, Thursdays (Jan. 7 - Jan. 30)
 4:30 - 5:15 p.m.
 5:15 - 6 p.m.
 6 - 6:45 p.m.
 Saturdays (Jan. 11 - Feb. 25)
 9:30 - 10:15 a.m.
 10:15 - 11 a.m.
 11 - 11:45 a.m.

You are a lean, mean, swimming machine now and nothing can stop you. This is a pre-competitive class that requires the completion of either Stingrays or Swordfish. The class will run like a mini swim practice to focus on refining your strokes even farther, increasing your swimming endurance, learning new strokes as well as flip turns, all to prepare you for a club swim team such as the Ballwin Blue Dolphins Swim and Dive Team or for swimming fun that you can enjoy for the rest of your life.

Fee: VIP \$60, Reg \$75
 Ages: 5 - 16
 Location: The Pointe

Youth Programs

Barracudas (Six-Session)

Tuesdays, Thursdays (Dec. 3 - Dec. 19)

4:30 - 5:15 p.m.

5:15 - 6 p.m.

6 - 6:45 p.m.

Saturdays (Nov. 9 - Dec. 14)

9:30 - 10:15 a.m.

10:15 - 11 a.m.

11 - 11:45 a.m.

Fee: VIP \$39, Reg \$49

Ages: 5 - 16

Location: The Pointe

Kid's Night Out

Fri, Nov. 8, 6 - 9 p.m.

Fri, Dec. 13, 6 - 9 p.m.

Fri, Jan. 10, 6 - 9 p.m.

NO PARENTS ALLOWED!! We will have a blast playing games and swimming. Pizza and drinks will be provided as a snack. Pre-register required online or at The Pointe. Day of registration will not be taken. Please bring a swimsuit and towel.

Fee: VIP \$10, Reg \$12

Ages: 7 - 12

Location: The Pointe

Story Time with Mrs. Claus

Fri, Dec. 6, 10:30 - 11:30 a.m.

Everyone gather around the tree as Mrs. Claus reads some of her favorite holiday stories. After Story time we will decorate cookies and enjoy some delicious snacks.

Don't forget your camera to capture this special event!

Fee: VIP \$6, Reg \$7

Ages: 1 - 6

Location: The Pointe

Basics of Staying Home Alone

Sat., Nov. 23, 9 - 11 a.m.

Help prepare your child (ages 9 to 11)

to stay home alone before or after school or for other short periods of time in this interactive program. Topics covered include: entering and leaving the house, getting safely to and from school, what to do while home alone, safe snacks, storm and emergency preparedness, internet safety, and simple first aid. Participants must register 48 hours in advance. Program taught by educators from Safety Basics LLC.

Fee: VIP/Reg \$28

Ages: 9 - 11

Location: The Pointe

Ignite

Tues., Nov. 5, 12 - 2 p.m.

Tues., Dec. 3, 12 - 2 p.m.

NEW!! Are you tired of going home to an empty house on early dismissal days and having nothing to do? Ignite is our new middle school group that takes place on early out days. Come hangout with old friends and meet new ones for a fun day at The Pointe.

- 11/5 - Enjoy music, games, Inflatable pool ball, 6' inflatable beach ball, water slide, pool basketball, pool volleyball and snacks. When the bell rings, grab your friends and head to the pool!
- 12/3 - Enjoy music, bubble soccer, dodge ball, snacks and other gym games (prizes will be given to winning teams).

Fee: VIP/Reg \$10 (\$12 at the door)

Ages: 10 - 13

Location: The Pointe

Tiny Toes Dance

Tuesdays, 5:30 - 6 p.m.

Our Tiny Toes dance class is geared for children 18 months to 3 years who are ready to dance without mommy or daddy beside them. It focuses on ballet and

some tap and we introduce the dance technique and styles in a fun, positive and encouraging way. In this class we use many props and familiar songs, as well as our Tippi Toes music, to keep children engaged. This class meets once a week for 30 minutes.

Fee: Check website for pricing (www.tippitoesdance.com/st-louis.)

Ages: 1.5 - 3

Location: The Pointe

Ballet, Tap & Jazz Combo

Tuesdays, 6:15 - 7 p.m.

Our Ballet, Tap & Jazz class for 4 -7 year old incorporates all three techniques while also encouraging self-expression and creativity. High-energy music is used throughout the class to get dancers moving and having fun! This class meets once a week for 45 minutes.

Fee: Check website for pricing (www.tippitoesdance.com/st-louis.)

Ages: 4 - 7

Location: The Pointe

Hip Hop Dance

Tuesdays, 7:15 - 8 p.m.

Using popular, age-appropriate music, as well as our own Tippi Toes music, the students learn choreography in a hip-hop technique. This class meets once a week for 45 minutes.

Fee: Check website for pricing (www.tippitoesdance.com/st-louis.)

Ages: 6 - 12

Location: The Pointe

Instructional Soccer Academy

Tuesdays (Jan. 7 - Jan. 28)

6 - 6:45 p.m.

This program is for beginners and will introduce your athlete to the

Youth & Family Programs

Taekwondo - Beginner

Wednesdays (Jan. 8 - Feb. 12)

6:30 - 7:30 p.m.

Students learn respect, responsibility, and discipline in addition to basic hand and foot techniques. A uniform is purchased from the instructor - \$45.

Fee: VIP \$54, Reg \$78

Ages: 6+

Location: The Pointe

Taekwondo - Intermediate

Wednesdays (Jan. 8 - Feb. 12)

7:30 - 8:30 p.m.

Returning students and those with instructor approval continue more advanced training and reinforcing respect, responsibility, and discipline.

Fee: VIP \$54, Reg \$78

Ages: 6+

Location: The Pointe

fundamentals of passing, dribbling, and shooting through fun drills and scrimmages. Program led by qualified soccer instructor.

Fee: VIP \$30, Reg \$35

Ages: 4 - 6

Location: The Pointe

Superhero Training

Sat., Jan. 11, 10 - 11:30 a.m.

Calling all Superheroes! Superheroes of the world unite as we get underway for our Superhero Training! We will be competing in competitions to save the world, crafts, a healthy snack and to end our Superhero Training we will have a Spiderman web fight!

Fee: VIP \$6, Reg \$8

Ages: 1 - 6

Location: The Pointe

Red Cross and Blues Blood Drive

Th., Jan. 16, 1 - 7 p.m.

Give at the St. Louis Blues Annual Blood Drive at The Pointe at Ballwin Commons. This blood drive will be held from 1-7 pm in the gymnasium. All presenting donors at the blood drive will receive a commemorative t-shirt.

Fee: VIP/Reg FREE

Location: The Pointe



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Red Cross Lifeguarding

Dec. 27, 28, 29, 30, 8 a.m. - 5 p.m.

Feb. 1, 2, 8, 9, 8 a.m. - 5 p.m.

March 14, 15, 21, 22, 8 a.m. - 5 p.m.

May 9, 10, 16, 17, 8 a.m. - 5 p.m.

This course will provide skills and knowledge to prevent, recognize and respond to emergencies; as well as providing care for injuries and sudden illnesses until advanced medical personnel arrive and take over. In order to participate in this course, participants must be able to complete a prerequisite skills assessment consisting of three tests. (1) Must swim 300 yards continuously using these strokes in the following order: 100 yards of front crawl stroke, 100 yards of breaststroke and 100 yards of either front crawl or breaststroke or a combination of both. All 300 yards must use rhythmic breathing with your face in the water and a stabilizing, propellant kick. (2) Swim 20 yards using front crawl or breaststroke, surface dive and retrieve a 10 lb. object, return to the surface, and swim back to the starting point with the object (placing the object on the side of the pool and exiting the water NOT using a ladder or steps) within one minute and forty seconds. While returning to the starting point, you must hold the 10 lb. object with both hands and keep you face above water. (3) Tread water for 2 minutes using only legs, arms are to be placed under the armpits. Participants must be 15 years of age on or prior to the last scheduled class date!
Attendance is required at all sessions in order to earn certification.

NO EXCEPTIONS WILL BE MADE!

Fee: VIP \$140, Reg \$165

Ages: 15+

Location: The Pointe

Personal Training (FREE)

If you have a current Pointe membership, you are entitled to a FREE 30 minute, one on one personal training consultation. Limited one per year for each family member eleven years and older. Visit The Pointe's Welcome Desk to receive a personal training tri fold, purchase a personal training package or sign up for your complimentary training consultation.

Fee: VIP/Reg FREE

Ages: 11+

Location: The Pointe

Fitness Assessment

Fitness assessments are useful for anyone interested in their fitness level. Body fat analysis, body measurements, BMI, blood pressure, flexibility, and a submaximal VO2 test are all part of this assessment. Contact Matt Struempf at mstruempf@ballwin.mo.us for more information.

Fee: VIP \$20, Reg \$30

Ages: 14+

Location: The Pointe

Private Swim Lessons

Mondays - Sundays, 6:30 a.m. - 10 p.m.

Private swim lessons are offered in three packages of 3, 6, and 12 lessons. Lessons will be taught in 30-minute increments. Once confirmation of activity enrollment is received, you will receive an email with an enrollment form within 1 week. Any questions or concerns, please contact Sami Sacco at ssacco@ballwin.mo.us.

Package of 3: VIP \$55, Reg \$70

Package of 6: VIP \$105, Reg \$135

Package of 12: VIP \$200, Reg \$250

Ages: 3+

Location: The Pointe

Party at The Pointe

Fri., Dec. 27, 6 - 8:30 p.m.

Come and celebrate with us at The Pointe! Party-goers can enjoy music, refreshments, face painting, splash and swim in the pool, play carnival games, inflatables, and so much more! The Pointe Activity Room will be open for entertaining activities including a rock-climbing wall. You won't want to miss this exciting event!

Fee: VIP \$6, Reg \$8 (Members are FREE)

Ages: ALL

Location: The Pointe

Infant Self Rescue (ISR)

We are excited to announce that Infant Self Rescue (ISR) swim lessons will be coming to The Pointe in January 2020! This class is designed to help children, 6 months old-6 years old, learn emergency survival skills for the pool. Classes will be held one on one. More information on dates, time, and price to come!

Bridge Club

Tuesdays, 10 a.m. - 12 p.m.

Everyone is invited to join in, however this is not a beginning bridge forum. Bring a partner or come and make new friends. Every Tuesday from 10-Noon at The Pointe. Coffee donations will be accepted.

Fee: VIP/Reg FREE

Ages: 16+

Location: The Pointe

Breakfast with Santa

Sat., Dec. 14, 9 - 10:30 a.m.

Santa will be visiting The Pointe at Ballwin Commons for breakfast! Join us for donuts, fruit, crafts, letters to Santa and of course pictures with the big man himself! All participants must be pre-registered. Note: please bring your

phone/camera for a memorable photo with Santa. Each participant needs to register.

Fee: VIP \$6, Reg \$8

Ages: 3+

Location: The Pointe

Family Nerf War

Sat., Dec. 7, 9 - 11 a.m.

Grab your friends and family and head to The Pointe for this exciting event! Each participant needs to bring a Nerf gun. Soft tip darts will be provided along with safety glasses. Light snacks and drinks will be served at the conclusion of the event.

Fee: VIP \$8, Reg \$10

Ages: 4+

Location: The Pointe

Oil Painting

Mondays, 7 - 9 p.m.

Nov. 4 - Nov. 25

Dec. 2 - Dec. 16 *(3 week)

Jan. 6 - Jan. 27

This four-week program, taught by instructor Peggy Carnes, teaches participants how to create oil paintings by focusing on mixing colors. All materials will be provided. Old clothing is recommended. Pre-registration is required.

Fee: VIP/Reg \$80 *(3 week \$60)

Ages: 16+

Location: The Pointe

Basic Training

Mondays - Thursdays, 5:45 - 6:45 a.m.

Nov. 11 - Dec. 19

Jan. 6 - Feb. 13

Attention! There are no 'at ease' moments in this six week, 24-class bootcamp style class. Each class features 25-40 minutes of calisthenics/

drills followed by a class run/jog. Open to all fitness levels, this class is sure to get your day kickstarted.

Fee: VIP \$129, Reg \$149

Ages: 14+

Location: The Pointe

Pickleball

Mondays - Fridays, 9 a.m. - 1 p.m.

Wednesdays, 7:30 - 9:30 p.m.

Saturdays, 4 - 7:30 p.m.

Pickleball at The Pointe is a drop in program included with the cost of a daily admission or free for members. We have a mix of beginner and intermediate players. Our regulars are happy to teach new comers the fastest growing sport in the US! Stop by The Pointe for a detailed schedule through April 30.

Fee: VIP/Reg pay daily rate (Members are FREE)

Ages: All

Location: The Pointe

Family Glow Bingo Night

Wed., Nov. 13, 6 - 7:30 p.m.

Back by popular demand! The Ballwin, Ellisville, and Manchester Parks Departments are co-hosting a Family Glow Bingo Night. Wear some neon and glow accessories and have fun learning how to play Bingo with your family. Participants must pre-register (two and under free). Fee includes Bingo with prizes, a pizza dinner, snacks and soda.

Fee: VIP/Reg \$7

Ages: All

Location: Schroeder Park

Daddy Daughter Dance

Fri., Feb. 7, 6 - 8 p.m.

The sweetheart in your life is ready for a special evening! Daddy and Daughters

will enjoy a night full of music, dancing, a professional photo booth, snacks and an ice cream bar. Each participant needs to register. Registration deadline is Sunday, January 26.

Fee: VIP \$10, Reg \$15

Ages: 3+

Location: Golf Course

Mother & Son Dance

Sat., Feb. 8, 6 - 8 p.m.

Making a Return We have all heard of Daddy Daughter Dances, but moms we want you to join in on the fun. Bring your handsome little gentlemen for a night full of music, dancing, a professional photo booth, snacks and an ice cream bar. Each participant needs to register. Registration deadline is Sunday, January 26.

Fee: VIP \$10, Reg \$15

Ages: 3+

Location: Golf Course

Pointe Open House 2020

Sat., Jan. 4, 7 a.m. - 8 p.m.

The Pointe at Ballwin Commons, Ballwin's 66,000 square foot community fitness facility, offers a free day of play for kids of all ages! Complimentary use of fitness facilities including indoor track, strength and cardio equipment, gymnasium, indoor pool, kids activity center, and a variety of classes to try including Spinning, yoga, and water aerobics. Membership Specials ALL DAY! Join at the Open House and we will waive your start-up fee and upfront dues or you may purchase an annual Platinum or Pointe membership and receive a 10% discount. No online registration required, just Come on in and have some FUN! Indoor pool opens at noon.

Fee: VIP/Reg FREE

Ages: ALL

Location: The Pointe

Balance Barre - Vitality

Thursdays (Jan. 16 - Feb. 20)
3 - 3:45 p.m.

This 45-minute balance class is like none other. As featured in the Ladue News, St. Louis Post-Dispatch and on St. Louis Public Radio, this Vitality class is based on real ballet barre exercises and set to beautiful music. Every class works key muscle groups to enhance stability, posture, strength, flexibility and neuromotor skills to prevent falls. The class is done standing and seated holding onto the "barre" for balance. Every combination is gentle, engaging and entertaining ensuring a fun and unique class every time. No experience or special attire is necessary.

Fee: VIP \$40, Reg \$50
Ages: 14+
Location: The Pointe

Silver Sneakers Class

Wednesdays, Fridays, 9 - 10 a.m.

The Pointe now offers SilverSneakers Basic! You are not required to be a SilverSneakers member to attend. There is no need to pre-register and these classes are included in your membership or a daily admission!

Fee: VIP/Reg FREE
Ages: ALL
Location: The Pointe

Lunch and Bingo

Wednesdays, 11 a.m. - 1:15 p.m.
Nov. 6, Nov. 20, Dec. 4, Dec. 18

Join us for lunch, fun, BINGO and prizes! We will play six rounds of Bingo followed by lunch and

dessert and then, play six more.

Fee: VIP/Reg \$6
Ages: 21+
Location: The Pointe

LOAP

Mondays (Nov. 11, Nov. 25, Dec. 9)
10 a.m. - 1 p.m.

Are you interested in making new friends, hearing great speakers, attending exciting day trips or playing BINGO? If you are 55 or older, LOAP is a great group for you to join. Meetings run through May 11 on the second and fourth Mondays of the month. Free coffee, tea, soda and desserts are provided. Bring a sack lunch and \$2 to each meeting.

Fee: VIP/Reg \$2
Ages: 21+
Location: Ballwin Golf Course

Turkey Bowl Golf Tournament

Sat. Nov. 9, 10 a.m. - 4 p.m.

The Turkey Bowl is an 18-hole scramble tournament consisting of three people per team. The entry fee covers greens fees and riding cart, beverage and lunch, as well as

prizes. There will be three flights with first, second and third place awards with in each flight (based on a full field).

Fee: VIP/Reg \$165 per team
Ages: 18+
Location: Ballwin Golf Course

Ballwin Historical Commission Meetings

Tues., Nov. 12, 2:30 - 3:30 p.m.
Tues., Dec. 10, 4 - 5 p.m.
Tues., Jan. 14, 2:30 - 3:30 p.m.

Regular meetings of the Commission are held at The Ballwin Old School House. All meetings are open to the public. The Commission's primary function is to promote, educate, and illustrate the history of Ballwin.

Fee: VIP/Reg FREE
Ages: 21+
Location: Old Ballwin School House

HabitNu

HabitNu DPP delivers the proven Diabetes Prevention Program developed by the Centers for Disease Control (CDC). Coming in 2020 to The Pointe! To learn more or see if you qualify, visit www.habitnu.com/pointeatballwincommons.



Your home is a big investment. Protect it.

If you need home coverage, I can help.

I live and work right here in our community. I know what the homes are like in the area. So I can offer advice you can trust to help you get the protection that fits your needs. If you're ready to talk home insurance or need some advice about protecting all that's important to you, call me today.



Lisa Clemente
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Ballwin
lisaclemente@allstate.com



Our Ballwin Race Series will be back before you know it, so save these dates!! Challenge yourself and your friends to finish high in the Ballwin Race Series standings. The series of seven different races offers a variety of events to challenge your all-around abilities. All race participants will receive points regardless of their placement. At the end of the year the participant with the most points earned over the seven races will be declared the overall Ballwin Race Series winner. For more information on the Ballwin Race Series, or specific races, visit our website, www.ballwin.mo.us/Ballwin-Race-Series-1/.

Upside Down Indoor Triathlon - Saturday, January 18 OR Sunday, January 19

Looking for a unique challenge as a triathlete? Each participant will complete a 15 minute treadmill run, 15 minute Spinner bike, and 10 minute swim in that order. Distance will be calculated to determine the top finishers.

Dirty Spokes Mountain Bike Race - Sunday, April 26

The annual Dirty Spokes Mountain Bike race is again being held on the trails of Castlewood State Park. This race is open to all abilities.

Ballwin Days Run - Sunday, June 7

Kick off the last day of the Ballwin Days Festival with a competitive 5k and/or 1 mile run. Adults and children alike are welcome to run in either or both races.

Ballwin Triathlon - Sunday, July 19

The Ballwin Race Series' Annual Ballwin Triathlon consists of a 300 Yard Swim, 9 Mile Bike, and 3.4 Mile Run. Participants start and finish at the North Pointe Aquatic Center. Also returning this year is the Double Triathlon if you're looking for an even greater challenge! Participants will complete the Ballwin Triathlon course and then head back to the pool to complete the course a second time beginning with one lap around North Pointe's lazy river.

Conquer Castlewood Team Adventure Race - Sunday, August 9

Ballwin Parks and Recreation in cooperation with Castlewood State Park presents the annual Conquer Castlewood Adventure Race. Teams consist of 2 participants in three categories (male, female, and coed). Both team members complete the three phases and times are totaled for a team time. The race consists of a 1-2 mile team canoe, 4-5 mile trail bike, and then a 3-4 mile trail run.

Kid's Triathlon - Sunday, September 20

Kids get the opportunity to experience a triathlon in this scaled down race. Kids, ages 5-8, complete a 25 yd swim, 1 mile bike, and 1/2 mile run. Kids, ages 9-12, complete a 75 yd swim, 2 mile bike, and 1 mile run.

Moonlight Howl 5k Run/Walk - Friday, October 23

This 5k race is the best in Ballwin, and maybe even all of West County! You'll start the race under the cover of darkness and wind through the neighborhoods to find your way back to The Wolf Cafe. Each participant will receive a blinking light to wear. Come sporting your best costume and have some fun or show up serious and ready to win. Stay afterwards at The Wolf and enjoy some food, music and drinks.

Ballwin Golf Course & Club

Ballwin Golf Course Fees

Weekdays	9 holes	18 holes
Res	\$13	\$19
Res Sr/Jr	\$11	\$17
NR	\$16	\$25
NR Sr/Jr	\$15	\$24
Weekends/Holidays		
Res	\$14	\$21
Res Sr/Jr	\$12	\$19
NR	\$16	\$25
NR Sr/Jr	\$16	\$25

Hours (until Dusk)

November

Weekdays - 8:30 a.m., Weekends/Holidays - 8 a.m.

December

Weekdays - 9 a.m., Weekends/Holidays - 8:30 a.m.

January

Weekdays - 10 a.m., Weekends/Holidays - 10 a.m.

Permanent Tee Times

Pre-book your favorite tee time and enjoy it all season without the hassle and stress of booking each week or waiting for the tee sheet to open for that day. A limited number of times are available on Saturday and Sunday mornings. For more information, visit www.ballwin.mo.us/About-the-Ballwin-Golf-Course/.

Golf Club Rentals and Rates

Have a wedding, anniversary, school banquet, work retreat, or shower to plan? Ballwin's Golf Club is just the place to host it.

Monday - Thursday: \$200

Friday or Sunday: \$500

Saturday: \$600

Rental rates are based on a four-hour bar service. Renters may choose from:

- Open Premium Bar (\$15/person)
- Limited Bar: (\$10/person)
- Non-Alcoholic service (\$5/person)
- Cash Bar Service (minimum of \$250)

The Ballwin Golf Club seats up to 200 people at round tables. Rental fee includes set up and breakdown of the tables and chairs. To check availability and learn more, contact Events Planner Kate Duffy at (314) 805-7045 or eventsplanner@ballwin.mo.us.



Indoor Pool Schedule

 Indoor Pool Schedule www.ballwin.mo.us (636) 227-8950							
	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Lap Swim	8:00 am - 5:30 pm	5:30 - 8:00 am 11:30 - 1:30pm 3:30 - 8:30pm	5:30 - 8:00 am 11:30 - 1:30pm 7:45 - 8:30pm	5:30 - 8:00 am 11:30 - 1:30pm 3:30 - 8:30pm	5:30 - 8:00 am 11:30 - 1:30pm 7:45 - 8:30pm	5:30 - 8:00 am 11:30 - 1:30pm 3:30 - 8:30pm	7:00 - 8:00 am 12:00 - 7:30 pm
Open Swim	11:00 am - 5:30 pm	4:30 - 8:30 pm	N/A	4:30 - 8:30 pm	N/A	4:30 - 8:30 pm	12:00 - 7:30 pm
Swim Lessons	N/A	N/A	4:15 - 6:45 pm	N/A	4:15 - 6:45 pm	N/A	9:30 - 12:00 pm
Water Aerobics Limit 28/class	N/A	Aerobics 8:30 am	Aerobics 8:30 am	Aerobics 8:30 am	Aerobics 8:30 am	Aerobics 8:30 am	Aerobics 8:00 am
		Aerobics 9:30 am	ABLT 9:30 am	Aerobics 9:30 am	ABLT 9:30 am	Aerobics 9:30 am	Toning 8:00 am
		Joints in Motion 10:30 am	Aerobics 6:45 pm	Joints in Motion 10:30 am	Aerobics 6:45 pm	Joints in Motion 10:30 am	
Spa	8:00 am - 5:30 pm	5:30 - 8:00 am 8:20 - 1:30pm 3:30 - 8:30pm	5:30 - 8:00 am 8:20 - 1:30pm 6:45 - 8:30pm	5:30 - 8:00 am 8:20 - 1:30pm 3:30 - 8:30pm	5:30 - 8:00 am 8:20 - 1:30pm 6:45 - 8:30pm	5:30 - 8:00 am 8:20 - 1:30pm 3:30 - 8:30pm	7:00 - 9:20 am 12:00 - 7:30 pm
Little Splashers			10:30 - 11:30 am		10:30 - 11:30 am		



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OFFER AVAILABLE THROUGH NOVEMBER 2019. NOT VALID WITH ANY OTHER SPECIAL OFFERS OR PROMOTIONS. 100 GUEST MINIMUM.



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WEDDING RECEPTION
SPECIAL EVENTS
PICNICS & BBQ**



**CARRY OUT CATERING
BOX LUNCHES
FAMILY CELEBRATIONS
OUTDOOR & TENT EVENTS**

636-230-0019
WWW.CALLIERSCATERING.COM

Fitness Classes

Group Class Schedule

All group classes are included with daily admission and FREE with membership to The Pointe at Ballwin Commons.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	8:00 - 9:00 am 50+ and Fit Mimi	8:00 - 9:00 am Step Cardio Mimi		8:00 - 8:20 am Tenacious "20" Georgette		8:00 - 8:45 am Body Sculpt Mimi
8:15 - 9:15 am PiYo Georgette	9:15 - 10:15 am Bootcamp Georgette		9:00 - 10:00 am Classic Silver Sneakers Donna	8:30 - 8:50 am Tenacious "20" Georgette	9:00 - 10:00 am Classic Silver Sneakers Debbie	8:45 - 9:30 am Step Cardio Georgette
	10 - 10:45 am Silver Sneakers Donna	9:15 - 10:15 am Body Sculpt Pete	9:15 - 10:15 am PiYo Georgette	9:15 - 10:15 am Body Sculpt Georgette	9:15 - 10:15 am Step Cardio Mimi	10:00 - 11:00 am Boot Camp Georgette
	10:30 - 11:15 am 50+ and Fit Debbie		11:00 - 12:00 pm 50+ and Fit Mimi/Donna	10:30 - 11:25 am Zumba Georgette	10:30 - 11:15 am 50+ and Fit Debbie	11:15 - 12:00 pm Zumba Georgette
	11:20-12:05 pm 50+ and Fit Debbie	11:00 - 12:00 pm Fit 4 All Susan		11:30 - 12:25 pm Zumba Gold Susan	11:20 - 12:05 pm 50+ and Fit Georgette	
	12:40 - 1:00 pm Afternoon Abs Matt			12:40 - 1:00 pm Afternoon Abs Matt		
		5:30 - 6:25 pm Zumba Georgette		5:30 - 6:25 pm Pi-Yo Georgette	5:30 - 6:15 pm Intense "45" Pete	
	6:15 - 7:15 pm Fitball Georgette	6:30 - 7:30 pm Insane Intervals Pete	6:30 - 7:30 pm Pound Class Debbie			
		7:40 - 8:25 pm Intense "45" Pete				

Specialized Group Fitness Classes

Spinning®, Pilates, TRX and Yoga schedule

Use a 20 visit swipe or drop in for \$8/class. Platinum members are free!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		5:45 - 6:30 am Spinning® Wendy			5:45 - 6:30 am Spinning® Jen	
8:15 - 9:00 am Spinning® Alternate Instructors	8:15 - 9:00 am Spinning® Jen		8:00 - 8:45 am TRX Georgette			8:15 - 9:00 am Spinning® Joan
			8:15 - 9:00 am Spinning® Susan			
		11:00 - 11:45 am 50+ Spinning® Claudia		11:00 - 11:45 am Spinning® Claudia		11:00 - 11:45 am 50+ Spinning® Claudia
	5:30 - 6:15 pm TRX Georgette		5:30 - 6:15 pm Pilates Beckie			
	6:15 - 7:00 pm Beginning Spinning® Lucy	6:15 - 7:00 pm Spinning® Laura	6:15 - 7:00 pm Spinning® Joan	6:15 - 7:00 pm Intermediate Spinning® Lucy		
	7:30 - 8:30 pm Yoga Joy			6:30 - 7:30 pm Yoga Kathy		

Calendar of Events

November

- 5 Ignite - Middle School Early Out
- 6 Lunch and Bingo
- 8 Kid's Night Out
- 9 Turkey Bowl Golf Tournament
- 11 LOAP Bingo & Thanksgiving Luncheon
- 11 Board of Aldermen Meeting
- 12 Ballwin Historical Commission Meeting
- 13 Family Glow Bingo Night
- 20 Lunch and Bingo
- 23 Basics of Staying Home Alone
- 25 LOAP Bingo
- 25 Board of Aldermen Meeting



Family Nerf War

December

- 2 Planning and Zoning Commission Meeting
- 3 Ignite - Middle School Early Out
- 4 Lunch and Bingo
- 6 Story Time with Mrs. Claus
- 7 Family Nerf War
- 9 LOAP Bingo & Holiday Lunch
- 9 Board of Aldermen Meeting
- 10 Ballwin Historical Commission Meeting
- 13 Kids Night Out
- 14 Breakfast with Santa
- 18 Lunch and Bingo
- 23 Board of Aldermen Meeting
- 27 Party at The Pointe



Lunch and Bingo

January

- 4 Open House at The Pointe
- 6 Oil Painting
- 13 Board of Aldermen Meeting
- 14 Ballwin Historical Commission Meeting
- 16 Red Cross and Blues Blood Drive
- 18 Upside Down Indoor Triathlon
- 19 Upside Down Indoor Triathlon
- 27 Board of Aldermen Meeting



Basics of Staying Home Alone

For a complete and updated list of City events and meetings please visit www.ballwin.mo.us and select the events tab.

Planning and Zoning Commission meetings are scheduled for 7 p.m. in the board room on the first Monday of each month, subject to petitions.

Board of Adjustment meetings are scheduled for 7 p.m. in the board room on the third Wednesday of each month, subject to petitions.

The Board of Aldermen meetings are scheduled to begin at 7 p.m. on the second and fourth Monday of each month in the board room.

Please note, all meetings are subject to change. Visit our website for the most current information.



1 Government Ctr
Ballwin, MO 63011

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