Member of the Month

October 2017

"Roy is an avid participant in all kinds of sports. I think his daily routine is: lifting weights, pickleball, swimming, bowling, bicycling, horseshoes and dancing. He does everything with joy and kindness to all he meets." A nominator recently shared these words about our October Member of the Month.

Those words very accurately describe **Roy Evans** and his love for all things active. Roy has been a member of The Pointe at Ballwin Commons for about five years, but he's been active his entire life.

"I used to run a lot of long distance, in fact I've been running all my life, but my knees started to hurt so I switched to triathlons to mix things up," Roy said. He continued to mix things up for many years to include all of the above-mentioned activities as well as triathlons, boating, gardening and more. About the transition Roy shared, "Now I have almost no pain and by easing into triathlons and pickleball instead of just running, my body is in better shape now than it was 15 years ago."



Roy has lived in St. Louis County for more than 35 years. Prior to living here, he earned his engineering degree from Michigan State University and worked at an engineering firm in Flint, Michigan. Eventually he went on to form his own machine shop with his dad and brother.

Roy has been happily married for 58 years (and counting) to his wife Suzanne who is also a Pointe member, regularly attending many water aerobics classes.

"I'm very competitive, and very motivated to come here. I put all my effort into what I'm doing at the time, which is triathlon training right now," he said. This makes it easy for him to get to The Pointe multiple times a week. Although he lives about twenty minutes from The Pointe, the friendly faces and his competitive drive bring him to the facility often.

Of all of his activities, Pickleball is by far Roy's favorite. "My triathlon coach doesn't like to hear that," Roy teased. If competitive activities take up the majority of Roy's free time, teasing would be a close second. "I tease everyone I talk to, and eventually they get used to me," he joked.

"I always strike up a conversation with people. It's fun to be interactive with people and that's what you get here at The Pointe. Good friendships with great people. I haven't met a bad person yet."

While his list of activities is extensive, it should also be noted Roy is quite acclaimed in many of these areas. He was inducted into the Missouri Horseshoe Pitchers Hall of Fame in 2014, was a World Amateur Champion in steel guitar playing, has won hundreds of awards through running, bowling and triathlons and has a real talent for wood working.

Roy's list of achievements is long, but we especially appreciate his smiling face and the positive impact he has on fellow Pointe members. Thanks for being you, Roy, and congratulations on being named October's Member of the Month!



Know someone who deserves the title "Member of the Month?" Ask for a nomination form at The Pointe's Front Desk today.