

## Informational Registration Dates

Monday, April 4 - 7:00-9:00pm

Thursday, April 7 - 7:00-9:00pm

# GO BALLWIN BLUE DOLPHINS!!!



## 2016 Meet Schedule

Meet:	Date:	Location:
Webster Groves (Swim and Dive)	Wed, June 16	Webster Groves
Crestwood Diving (Dive Only. Divers that swim also will need to travel to Shrewsbury after)	Tues, June 21	Crestwood
Shrewsbury (Swim Only)	Tues, June 21	Shrewsbury
Kirkwood Diving (Dive Only)	Tues, June 28	Ballwin
Chesterfield (Swim Only)	Tues, June 28	Ballwin
Sunset Hills (Swim and Dive)	Tues, July 5	Ballwin
Clayton (Dive Only)	Thurs, July 7	Clayton
Fenton (Swim and Dive)	Tues, July 12	Ballwin

### Tentative Start Times

Diving - 2:00 PM Warm-up / Swimming - 5:00 PM Warm-ups

## Diving Prelims and Finals

Prelims/Finals 11 & Over	July 16	Time: 8:00 am
Prelims/Finals 10 & Under	July 16	Time: 8:00 am

(Rain date: July 17)

**Fenton** will be hosting all Diving Prelims & Finals

## Swimming Prelims and Finals

Prelims 11 & Over	July 18	Time: 7:30 am
Prelims 10 & Under	July 19	Time: 7:30 am

**Kirkwood** will be hosting all Swimming Prelims

(Rain date: July 20)

Finals All Ages	July 21	Time: 6:00 pm
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**Webster Groves** will be hosting all Swimming Finals

(Rain date: July 22)

## Ballwin Aquatic Contacts

Adam Peper, Aquatic Manager

636-207-2327

The Pointe at Ballwin Commons

636-227-8950

North Pointe Aquatic Center

636-227-2981

Check out our Team Website!

[www.ballwinswimanddiveteam.com](http://www.ballwinswimanddiveteam.com)

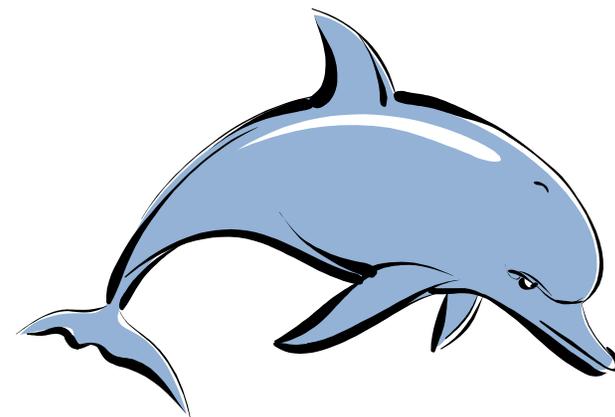
Our team website offers a one stop shop for all your communication needs. You will be able to contact the coaches and parent reps, along with RSVP to your meets and select your volunteer shifts. You will be able to access your swimmer's times and view meet results. The website is our communication platform to send out messages and notifications to the team.

## Volunteer Sign Ups

Volunteer sign ups will be located on our team website. Click on the events page and you will see all of our meets. Click the job sign up under each meet to see the available volunteer shifts. Please register for 3 shifts to meet the team's volunteering requirements. You will receive reminder notifications for your volunteer shifts.

**“Make It Count!”**

**- wise words from #AK18**



# Ballwin Blue Dolphins

## 2016 Ballwin Swim and Dive Team

Head to our website for all your swim  
and dive team needs!

[www.ballwinswimanddiveteam.com](http://www.ballwinswimanddiveteam.com)



# Ballwin Blue Dolphin Swim & Dive Team 2016



We strive to promote a positive and fun environment for swimmers and divers. The Ballwin Blue Dolphin Swim and Dive Team is a recreational team with an emphasis on developing basic competitive skills. Swimmers and divers, ages 5-18 years, are welcome to participate. We welcome all skill levels on our team. Our team requires a swim test for all new members under the age of 8. Please note that swim team is **NOT a substitute** for swim lessons.



Johnny Mac's will be present at all dates to display and sell this year's suits; fitting opportunities are available. Also, Johnny Macs will have swimming and diving accessories available for this year. Johnny Mac's is located at 14649 Manchester Road.

### SPEEDO GOT YOU SUIT

#### Female Suits

\$58.99



#### Male Suits

\$37.50



### Head to our website for all things Ballwin Swim and Dive Team!

- Updates • Schedules
- Volunteer Shifts • Coaches Info
- Contacts • Special Events
- Meet RSVP • Photos • Records

[www.ballwinswimanddiveteam.com](http://www.ballwinswimanddiveteam.com)

## Registration Costs

### First Swimmer or Diver

VIP Rate: \$100 Regular Rate: \$135

### Additional Family Member

VIP Rate: \$80 Regular Rate: \$115

### Combo (to participate in both Swim & Dive)

Additional \$20



## Morning Practice Times

May 31 - July 21 (Mon - Fri)

### Swim

7-8 a.m. 11-18 years

8-9 a.m. 9-10 years

9-9:45 a.m. 5-8 years

### Dive

7-8 a.m. 9-10 years

8-9 a.m. 5-8 years

9-10 a.m. 11-18 years

### Alternative Evening Practices

Mon & Wed, June 1 - July 13, 7:30-8:30 p.m.

All age groups included with all lanes available (excludes diving)

## Important Registration Information

<b>Monday</b>	<b>April 4</b>	<b>7:00-9:00 p.m.</b>	<b>Swimmers and Divers Registration Meeting</b>
<b>Thursday</b>	<b>April 7</b>	<b>7:00-9:00 p.m.</b>	<b>Swimmers and Divers Registration Meeting</b>

In these meetings we will discuss our quick and easy registration process, our new website and updates for the league. Coaches and Parent Reps will be present to meet and answer your questions. Johnny Mac's will host a table with all your swimming equipment and suit needs. Attendance to meetings are not required for registration, but highly recommended. The team website will be discussed extensively for optimal learning and Q & A. It is suggested you attend the meeting prior to registration.

**Registration will open on April 4 at 7:00 p.m.**

### Check Hold System:

Please remember to bring your checkbook! For each volunteer shift required, the household must submit a \$50 check to the Ballwin Swim and Dive Team (3 separate checks). These checks will be held and only deposited if your volunteer shift is not fulfilled. After each volunteer shift is fulfilled, one of your checks will be destroyed.

We take volunteers very seriously!



## End of the Year Party

July 19, 2016 - 7-10 p.m.

The End of Year Party is for all team members and family to come and celebrate a great summer season. It will include awards, food, drinks, and swimming fun (and maybe a famous Adam belly flop). Come and celebrate the team's success!



## Pre-Test Date

The Pointe Indoor Pool

Saturday, May 7 9:30 a.m.



All new swimmers (including siblings of returning swimmers) age 8 and under are required to participate in a swim test. Young swimmers will be required to swim 25 yards (one length of the pool) unassisted with constant forward movement. The swimmers may not stop and/or grab the wall or lap lane while taking the test. We do not expect your swimmer to have a perfect stroke. These steps are taken for safety precautions. We want to ensure your swimmer is able to meet the minimum needs for practices and swim meets. If unable to complete the required swim test a full refund will be given.