

# 2021 Ballwin Upside Down Indoor Triathlon

## Results by Gender/Age

					Run		Bike		Swim		Total	
Place	Gender	Age	Last Name	First Name	Miles	Yards	Mile	Yards	Mile	Yards	Miles	Yards
<b>Male 14 and under</b>												
1	Male	10	Blom	Ryan	1.18	2076.8	5.2	9152	0.255682	450	6.635682	11678.8
2	Male	11	Gill	Timmy	1.22	2147.2	4.2	7392	0.142045	250	5.562045	9789.2
<b>Male 20-29</b>												
1	Male	27	Ruckman	Troy	1.97	3467.2	7.5	13200	0.246023	433	9.716023	17100.2
2	Male	24	Ruckman	Trent	2.06	3625.6	6.9	12144	0.231818	408	9.191818	16177.6
3	Male	27	Johnson	Steven	2.06	3625.6	6.7	11792	0.260227	458	9.020227	15875.6
4	Male	24	Zimmerman	Austin	1.88	3308.8	6	10560	0.355114	625	8.235114	14493.8
5	Male	24	Vega Lage	Brian	1.55	2728	5.6	9856	0.241477	425	7.391477	13009
6	Male	23	Vega Lage	Kevin	1.32	2323.2	5.7	10032	0.198864	350	7.218864	12705.2
<b>Male 30-39</b>												
1	Male	34	Bland	Andrew	2.30	4048	7	12320	0.231818	408	9.531818	16776
2	Male	37	Vanhecke	Zac	1.73	3044.8	7.2	12672	0.33125	583	9.26125	16299.8
3	Male	38	Hefley	Daniel	2.00	3520	6.7	11792	0.3125	550	9.0125	15862
<b>Male 40-49</b>												
1	Male	44	Sestrich	Aaron	2.01	3537.6	7.7	13552	0.284091	500	9.994091	17589.6
2	Male	46	Larch	Jason	2.20	3872	7.4	13024	0.307386	541	9.907386	17437
3	Male	44	Blom	Jason	1.88	3308.8	7.3	12848	0.355114	625	9.535114	16781.8
4	Male	41	McKinnon	Brian	2.09	3678.4	7.2	12672	0.241477	425	9.531477	16775.4
5	Male	40	Rogles	Jeff	2.09	3678.4	6.9	12144	0.264773	466	9.254773	16288.4
6	Male	47	Nelms	Steven	1.79	3150.4	7.2	12672	0.231818	408	9.221818	16230.4
7	Male	44	Frankenberger	Nathan	2.28	4012.8	6.6	11616	0.288636	508	9.168636	16136.8
8	Male	43	Callahan	Matt	2.15	3784	6.4	11264	0.255682	450	8.805682	15498
9	Male	46	Triplett	Ryan	1.59	2798.4	6.4	11264	0.231818	408	8.221818	14470.4

Male 50-59												
1	Male	58	James	John	2.06	3625.6	6.7	11792	0.284091	500	9.044091	15917.6
2	Male	55	Gutmann	Tom	1.73	3044.8	7	12320	0.231818	408	8.961818	15772.8
3	Male	57	Vega	Wes	1.55	2728	5.9	10384	0.255682	450	7.705682	13562
4	Male	52	Merrifield	Dan	1.26	2217.6	5.1	8976	0.231818	408	6.591818	11601.6
Male 60-69												
1	Male	63	Kaiser	Charles	1.76	3097.6	6.2	10912	0.307386	541	8.267386	14550.6
2	Male	61	Watson	Gerald	1.50	2640	6.2	10912	0.302841	533	8.002841	14085
3	Male	61	Holland	Tim	1.79	3150.4	5.9	10384	0.260227	458	7.950227	13992.4
Male 70+												
1	Male	83	Evans	Roy	0.85	1496	4.8	8448	0.231818	408	5.881818	10352
2	Male	74	Shayne	Phil	1.11	1953.6	4.6	8096	0.170455	300	5.880455	10349.6
Male Overall												
1	Male	41	Luna	Dan	2.43	4276.8	7.7	13552	0.454545	800	10.58455	18628.8
2	Male	42	Trost	Eric	2.40	4224	7.6	13376	0.359659	633	10.35966	18233
3	Male	50	Quadri	Tariq	1.89	3326.4	7.8	13728	0.340909	600	10.03091	17654.4
Female 14 and under												
1	Female	10	McKinnon	Claire	2.09	3678.4	6	10560	0.241477	425	8.331477	14663.4
2	Female	14	Johnson	Maddie	1.45	2552	6.5	11440	0.326705	575	8.276705	14567
3	Female	14	Coppel	Grace	1.97	3467.2	5.3	9328	0.440341	775	7.710341	13570.2
4	Female	12	Blom	Paige	1.70	2992	5.2	9152	0.373864	658	7.273864	12802
Female 15-19												
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Female 20-29												
1	Female	24	Gutmann	Hannah	1.41	2481.6	6.3	11088	0.302841	533	8.012841	14102.6
2	Female	28	Cromwell	Casey	2.18	3836.8	5.3	9328	0.284091	500	7.764091	13664.8
3	Female	25	Gutmann	Abbie	1.55	2728	5.3	9328	0.250568	441	7.100568	12497
Female 30-39												
1	Female	37	Bambenek	Callie	1.89	3326.4	6.2	10912	0.326705	575	8.416705	14813.4

2	Female	33	Kendrick	Katie	1.86	3273.6	6.3	11088	0.250568	441	8.410568	14802.6
3	Female	32	Klemp	Jessica	1.59	2798.4	6.5	11440	0.255682	450	8.345682	14688.4
4	Female	37	Weir	Rachel	1.76	3097.6	6.2	10912	0.293182	516	8.253182	14525.6
5	Female	34	Moore	Ashley	1.18	2076.8	5.6	9856	0.213068	375	6.993068	12307.8
6	Female	34	Claudin	Michelle	1.06	1865.6	5.1	8976	0.179545	316	6.339545	11157.6

**Female 40-49**

1	Female	41	Callahan	Sharon	2.03	3572.8	6.7	11792	0.278977	491	9.008977	15855.8
2	Female	49	Seymour	Darby	1.88	3308.8	6.6	11616	0.284091	500	8.764091	15424.8
3	Female	41	Dickey	Amanda	1.85	3256	6.6	11616	0.278977	491	8.728977	15363
4	Female	43	Merrifield	Vincee	2.08	3660.8	6.2	10912	0.278977	491	8.558977	15063.8
5	Female	40	McKinnon	Claire	2.09	3678.4	6	10560	0.241477	425	8.331477	14663.4
6	Female	42	Ramsey	Laura	1.15	2024	6.7	11792	0.203409	358	8.053409	14174
7	Female	49	Gill	Susannah	1.52	2675.2	6.2	10912	0.236364	416	7.956364	14003.2
8	Female	47	Johnson	Caroline	2.09	3678.4	5.4	9504	0.255682	450	7.745682	13632.4
9	Female	44	Isenberg	Jennifer	1.87	3291.2	5.4	9504	0.198864	350	7.468864	13145.2

**Female 50-59**

1	Female	59	Etherton	Donna	1.59	2798.4	6	10560	0.269886	475	7.859886	13833.4
2	Female	55	Junge	Gayle	1.20	2112	5.6	9856	0.19375	341	6.99375	12309

**Female 60-69**

1	Female	64	Altepeter	Susie	1.47	2587.2	7.1	12496	0.298295	525	8.868295	15608.2
2	Female	64	Hey	Lucy	1.82	3203.2	6	10560	0.264773	466	8.084773	14229.2
3	Female	60	Kaiser	Laura	1.11	1953.6	5.3	9328	0.250568	441	6.660568	11722.6

**Female Overall**

1	Female	46	Morris	Marcy	1.98	3484.8	6.9	12144	0.302841	533	9.182841	16161.8
2	Female	33	DeVille	Elisabeth	1.96	3449.6	6.7	11792	0.355114	625	9.015114	15866.6
3	Female	43	Nagel	Abby	2.00	3520	6.7	11792	0.3125	550	9.0125	15862