

# 2021 Ballwin Upside Down Indoor Triathlon

## Overall Race Results

					Run		Bike		Swim		Total	
Place	Gender	Age	Last Name	First Name	Miles	Yards	Miles	Yards	Miles	Yards	Miles	Yards
1	Male	41	Luna	Dan	2.43	4276.8	7.7	13552	0.454545	800	10.58455	18628.8
2	Male	42	Trost	Eric	2.40	4224	7.6	13376	0.359659	633	10.35966	18233
3	Male	50	Quadri	Tariq	1.89	3326.4	7.8	13728	0.340909	600	10.03091	17654.4
4	Male	44	Sestrich	Aaron	2.01	3537.6	7.7	13552	0.284091	500	9.994091	17589.6
5	Male	46	Larch	Jason	2.20	3872	7.4	13024	0.307386	541	9.907386	17437
6	Male	27	Ruckman	Troy	1.97	3467.2	7.5	13200	0.246023	433	9.716023	17100.2
7	Male	44	Blom	Jason	1.88	3308.8	7.3	12848	0.355114	625	9.535114	16781.8
8	Male	34	Bland	Andrew	2.30	4048	7	12320	0.231818	408	9.531818	16776
9	Male	41	McKinnon	Brian	2.09	3678.4	7.2	12672	0.241477	425	9.531477	16775.4
10	Male	37	Vanhecke	Zac	1.73	3044.8	7.2	12672	0.33125	583	9.26125	16299.8
11	Female	41	Rogles	Jeff	2.09	3678.4	6.9	12144	0.264773	466	9.254773	16288.4
12	Male	47	Nelms	Steven	1.79	3150.4	7.2	12672	0.231818	408	9.221818	16230.4
13	Male	24	Ruckman	Trent	2.06	3625.6	6.9	12144	0.231818	408	9.191818	16177.6
14	Female	47	Morris	Marcy	1.98	3484.8	6.9	12144	0.302841	533	9.182841	16161.8
15	Male	44	Frankenberger	Nathan	2.28	4012.8	6.6	11616	0.288636	508	9.168636	16136.8
16	Male	58	James	John	2.06	3625.6	6.7	11792	0.284091	500	9.044091	15917.6
17	Male	27	Johnson	Steven	2.06	3625.6	6.7	11792	0.260227	458	9.020227	15875.6
18	Female	33	DeVille	Elisabeth	1.96	3449.6	6.7	11792	0.355114	625	9.015114	15866.6
19	Female	43	Nagel	Abby	2.00	3520	6.7	11792	0.3125	550	9.0125	15862
20	Male	38	Hefley	Daniel	2.00	3520	6.7	11792	0.3125	550	9.0125	15862
21	Female	41	Callahan	Sharon	2.03	3572.8	6.7	11792	0.278977	491	9.008977	15855.8
22	Male	55	Gutmann	Tom	1.73	3044.8	7	12320	0.231818	408	8.961818	15772.8
23	Female	65	Altepeter	Susie	1.47	2587.2	7.1	12496	0.298295	525	8.868295	15608.2
24	Male	43	Callahan	Matt	2.15	3784	6.4	11264	0.255682	450	8.805682	15498

25	Female	49	Seymour	Darby	1.88	3308.8	6.6	11616	0.284091	500	8.764091	15424.8
26	Female	42	Dickey	Amanda	1.85	3256	6.6	11616	0.278977	491	8.728977	15363
27	Female	44	Merrifield	Vincee	2.08	3660.8	6.2	10912	0.278977	491	8.558977	15063.8
28	Female	33	Klemp	Jessica	1.59	2798.4	6.5	11440	0.255682	450	8.345682	14688.4
29	Female	38	Bambenek	Callie	1.89	3326.4	6.2	10912	0.326705	575	8.416705	14813.4
30	Female	34	Kendrick	Katie	1.86	3273.6	6.3	11088	0.250568	441	8.410568	14802.6
31	Female	10	McKinnon	Claire	2.09	3678.4	6	10560	0.241477	425	8.331477	14663.4
32	Female	14.56	Johnson	Maddie	1.45	2552	6.5	11440	0.326705	575	8.276705	14567
33	Male	63	Kaiser	Charles	1.76	3097.6	6.2	10912	0.307386	541	8.267386	14550.6
34	Female	37	Weir	Rachel	1.76	3097.6	6.2	10912	0.293182	516	8.253182	14525.6
35	Male	24	Zimmerman	Austin	1.88	3308.8	6	10560	0.355114	625	8.235114	14493.8
36	Male	46	Triplett	Ryan	1.59	2798.4	6.4	11264	0.231818	408	8.221818	14470.4
37	Female	64	Hey	Lucy	1.82	3203.2	6	10560	0.264773	466	8.084773	14229.2
38	Female	42	Ramsey	Laura	1.15	2024	6.7	11792	0.203409	358	8.053409	14174
39	Female	24	Gutmann	Hannah	1.41	2481.6	6.3	11088	0.302841	533	8.012841	14102.6
40	Male	61	Watson	Gerald	1.50	2640	6.2	10912	0.302841	533	8.002841	14085
41	Female	50	Gill	Susannah	1.52	2675.2	6.2	10912	0.236364	416	7.956364	14003.2
42	Male	61	Holland	Tim	1.79	3150.4	5.9	10384	0.260227	458	7.950227	13992.4
43	Female	59	Etherton	Donna	1.59	2798.4	6	10560	0.269886	475	7.859886	13833.4
44	Female	28.2	Cromwell	Casey	2.18	3836.8	5.3	9328	0.284091	500	7.764091	13664.8
45	Female	47.53	Johnson	Caroline	2.09	3678.4	5.4	9504	0.255682	450	7.745682	13632.4
46	Female	14	Coppel	Grace	1.97	3467.2	5.3	9328	0.440341	775	7.710341	13570.2
47	Male	57	Vega	Wes	1.55	2728	5.9	10384	0.255682	450	7.705682	13562
48	Female	44	Isenberg	Jennifer	1.87	3291.2	5.4	9504	0.198864	350	7.468864	13145.2
49	Male	24	Vega Lage	Brian	1.55	2728	5.6	9856	0.241477	425	7.391477	13009
50	Female	12	Blom	Paige	1.70	2992	5.2	9152	0.373864	658	7.273864	12802
51	Male	23	Vega Lage	Kevin	1.32	2323.2	5.7	10032	0.198864	350	7.218864	12705.2
52	Female	26	Gutmann	Abbie	1.55	2728	5.3	9328	0.250568	441	7.100568	12497
53	Female	56	Junge	Gayle	1.20	2112	5.6	9856	0.19375	341	6.99375	12309
54	Female	35	Moore	Ashley	1.18	2076.8	5.6	9856	0.213068	375	6.993068	12307.8

55	Female	60	Kaiser	Laura	1.11	1953.6	5.3	9328	0.250568	441	6.660568	11722.6
56	Male	10	Blom	Ryan	1.18	2076.8	5.2	9152	0.255682	450	6.635682	11678.8
57	Male	52	Merrifield	Dan	1.26	2217.6	5.1	8976	0.231818	408	6.591818	11601.6
58	Female	35	Claudin	Michelle	1.06	1865.6	5.1	8976	0.179545	316	6.339545	11157.6
59	Male	83	Evans	Roy	0.85	1496	4.8	8448	0.231818	408	5.881818	10352
60	Male	74	Shayne	Phil	1.11	1953.6	4.6	8096	0.170455	300	5.880455	10349.6
61	Male	11	Gill	Timmy	1.22	2147.2	4.2	7392	0.142045	250	5.562045	9789.2