

North Pointe 2020 Schedule-Beginning July 27-August 15

636-227-2981

www.ballwin.mo.us

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6:00-7:10am Masters Club		6:00-7:10am Masters Club		6:00-7:10am Masters Club		
7:15-9:00am Swim Club	7:00-10:00am Swim Club	7:00-10:00am Swim Club	7:00-10:00am Swim Club	7:00-10:00am Swim Club	7:00-10:00am Swim Club	8:00-9:00am Adult Lap Swim (8 lanes available)
	8:00-9:00am River Walking NO Instructor	8:00-9:00am River Walking WITH Instructor	8:00-9:00am River Walking NO Instructor	8:00-9:00am River Walking WITH Instructor	8:00-9:00am River Walking NO Instructor	9:15-10:15am Aerobics/Toning
9:00-11:30am Adult Lap Swim (8 lanes available)	10:00-11:30am Group Swim Lessons	10:00-11:30am Group Swim Lessons	10:00-11:30am Group Swim Lessons	10:00-11:30am Group Swim Lessons	10:00-11:30am Group Swim Lessons <small>(rainout make-up day)</small>	10:30-11:20am Deep Water Aerobics
OPEN SWIM 12:00-5:30pm	OPEN SWIM 12:00-5:30pm	OPEN SWIM 12:00-5:30pm	OPEN SWIM 12:00-5:30pm	OPEN SWIM 12:00-5:30pm	OPEN SWIM 12:00-5:30pm	OPEN SWIM 12:00-5:30pm
	6:00-6:50pm Deep Water Aerobics	6:00-7:00pm River Walking NO Instructor	6:00-6:50pm Deep Water Aerobics	6:00-7:00pm River Walking NO Instructor		
	6:00-7:00pm River Walking NO Instructor		6:00-7:00pm River Walking NO Instructor			
	7:00-8:00pm Adult Lap Swim (4 lanes available)	7:00-8:00pm Adult Lap Swim (4 lanes available)	7:00-8:00pm Adult Lap Swim (4 lanes available)	7:00-8:00pm Adult Lap Swim (4 lanes available)	7:00-8:00pm Adult Lap Swim (4 lanes available)	

- Water Aerobic/ Toning, Deep Water Aerobics and River Walking with an instructor, use a swipe from your 20-visit card or pay the daily fee VIP \$7/Reg \$9. Platinum and pool pass members no additional charge.
- River Walking without an instructor VIP \$6, Reg \$8 or use a 20-visit swipe card. Platinum and pool pass members no additional charge.
- Adult Lap Swimming - Platinum, Pointe + and pool pass holders - no additional fee. Residents \$7, Non-Residents \$10. No sign ups.
- Group Swim Lessons-Designed for all ages. Check online for class sessions, time and levels.
- Programming-Sign up at www.ballwin.mo.us.

Revised 7-27-2020