

# North Pointe 2020 Schedule-Beginning June 29

636-227-2981

www.ballwin.mo.us



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6:00-7:10am <b>Masters Club</b>		6:00-7:10am <b>Masters Club</b>		6:00-7:10am <b>Masters Club</b>		
7:15-9:00am <b>Swim Club</b>	7:00-10:00am <b>Swim Club</b>	7:00-10:00am <b>Swim Club</b>	7:00-10:00am <b>Swim Club</b>	7:00-10:00am <b>Swim Club</b>	7:00-10:00am <b>Swim Club</b>	8:00-9:00am <b>Adult Lap Swim</b> (8 lanes available)
	8:00-9:00am River Walking <b>NO Instructor</b>	8:00-9:00am River Walking <b>WITH Instructor</b>	8:00-9:00am River Walking <b>NO Instructor</b>	8:00-9:00am River Walking <b>WITH Instructor</b>	8:00-9:00am River Walking <b>NO Instructor</b>	9:15-10:15am <b>Aerobics/Toning</b>
9:00-11:30am <b>Adult Lap Swim</b> (8 lanes available)	10:00-11:30am <b>Group Swim Lessons</b>	10:00-11:30am <b>Group Swim Lessons</b>	10:00-11:30am <b>Group Swim Lessons</b>	10:00-11:30am <b>Group Swim Lessons</b>	10:00-11:30am <b>Group Swim Lessons</b> <small>(rainout make-up day)</small>	10:30-11:20am <b>Deep Water Aerobics</b>
<b>OPEN SWIM</b> 12:00-5:30pm	<b>OPEN SWIM</b> 12:00-5:30pm	<b>OPEN SWIM</b> 12:00-5:30pm	<b>OPEN SWIM</b> 12:00-5:30pm	<b>OPEN SWIM</b> 12:00-5:30pm	<b>OPEN SWIM</b> 12:00-5:30pm	<b>OPEN SWIM</b> 12:00-5:30pm
	6:00-6:50pm <b>Deep Water Aerobics</b>	6:00-7:00pm River Walking <b>NO Instructor</b>	6:00-6:50pm <b>Deep Water Aerobics</b>	6:00-7:00pm River Walking <b>NO Instructor</b>		
	6:00-7:00pm River Walking <b>NO Instructor</b>		6:00-7:00pm River Walking <b>NO Instructor</b>			
	7:00-8:00pm <b>Adult Lap Swim</b> (4 lanes available)	7:00-8:00pm <b>Adult Lap Swim</b> (4 lanes available)	7:00-8:00pm <b>Adult Lap Swim</b> (4 lanes available)	7:00-8:00pm <b>Adult Lap Swim</b> (4 lanes available)	7:00-8:00pm <b>Adult Lap Swim</b> (4 lanes available)	

- Water Aerobic/ Toning, Deep Water Aerobics and River Walking with an instructor, use a swipe from your 20-visit card or pay the daily fee VIP \$7/Reg \$9. Platinum and pool pass members no additional charge.
- River Walking without an instructor VIP \$6, Reg \$8 or use a 20-visit swipe card. Platinum and pool pass members no additional charge.
- Adult Lap Swimming - Platinum, Pointe + and pool pass holders - no additional fee. Residents \$7, Non-Residents \$10. No sign ups.
- Group Swim Lessons-Designed for all ages. Check online for class sessions, time and levels.
- Programming-Sign up at [www.ballwin.mo.us](http://www.ballwin.mo.us).

Revised 6-24-2020