



North Pointe 2026 Schedule - Starts September 9, 2026 Ends when the Indoor Pool Re-Opens (Temporary)

335 Holloway Road
Ballwin, MO 63011
636-227-2981
www.ballwin.mo.us

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
8:00 - 12:00 pm Lap Swim	5:30 - 11:30 am Lap Swim	5:30 - 11:30 am Lap Swim	5:30 - 11:30 am Lap Swim	5:30 - 11:30 am Lap Swim	5:30 - 11:30 am Lap Swim	7:00 - 9:00 am Lap Swim
	8:30 am Aqua Fitness	8:30 am Aqua Fitness	8:30 am Aqua Fitness	8:30 am Aqua Fitness	8:30 am Aqua Fitness	7:30 - 8:15 am Aqua Fitness
	9:30 am Aqua Fitness	9:30 am Aqua Strength	9:30 am Aqua Fitness	9:30 am Aqua Strength	9:30 am Aqua Fitness	8:30 - 9:15 am Aqua Fitness
	10:30 am Aqua Flow		10:30 am Aqua Flow		10:30 am Aqua Flow	
		Group Swim Lessons 4:30-6:45pm (starts 9/15)		Group Swim Lessons 4:30-6:45pm		Group Swim Lessons 9:30-11:45am (starts 9/12)
Open Swim 12-5:45pm (Comp & Leisure Pools only)						Open Swim 12-5:45pm (Comp & Leisure Pools Only)
		6:45 - 7:30 pm Aqua Fitness		6:45 - 7:30 pm Aqua Fitness		
	7:30 - 8:15 pm Deep Water Aqua Fitness	7:30 - 8:15 pm Aqua Fitness Dual Depth	7:30 - 8:15 pm Deep Water Aqua Fitness	7:30 - 8:15 pm Aqua Fitness Dual Depth		
	7:30 - 9:00 pm Lap Swim	6:45 - 9:00 pm Lap Swim	7:30 - 9:00 pm Lap Swim	6:45 - 9:00 pm Lap Swim		