

August 2018

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The Pointe Indoor Pool Closure

The indoor pool will be closed from <u>Monday, August 6 through Sunday, August 12</u> for annual cleaning and maintenance. To accommodate the morning schedule, we will offer morning water aerobics and lap swim at North Pointe. Lap swim will be held in the competition pool. All other pools and features will be closed.

Thank you for your cooperation!

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
8-6	8-7	8-8	8-9	8-10	8-11	8-12
Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
7-11:30 am	7-11:30 am	7-11:30 am	7-11:30 am	7-11:30 am	7-11:30 am	8-11:30 am
Water Aerobics	Water Aerobics	Water Aerobics	Water Aerobics	Water Aerobics	Water Aerobics	
8:30 am	8:30 am	8:30 am	8:30 am	8:30 am	8:00 am	
Water Aerobics	ABLT	Water Aerobics	ABLT	Water Aerobics	Toning	
9:30 am	9:30 am	9:30 am	9:30 am	9:30 am	8:45 am	
Joints in Motion 10:30 am		Joints in Motion 10:30 am		Joints in Motion 10:30 am	Deep Water Aerobics 9:30 am	
Deep Water Aerobics 6:30-7:20 pm	Water Aerobics 6:45-7:45 pm	Deep Water Aerobics 6:30-7:20 pm	Water Aerobics 6:45-7:45 pm			

Water Aerobics available with H20 swipe card or daily admission VIP \$6 Reg \$8 All Pointe memberships will be honored for lap swim.

Monday-Thursday: River walking with no instructor will be held as scheduled 7:45-8:30 pm